

A

TIME  
AND A  
PLACE

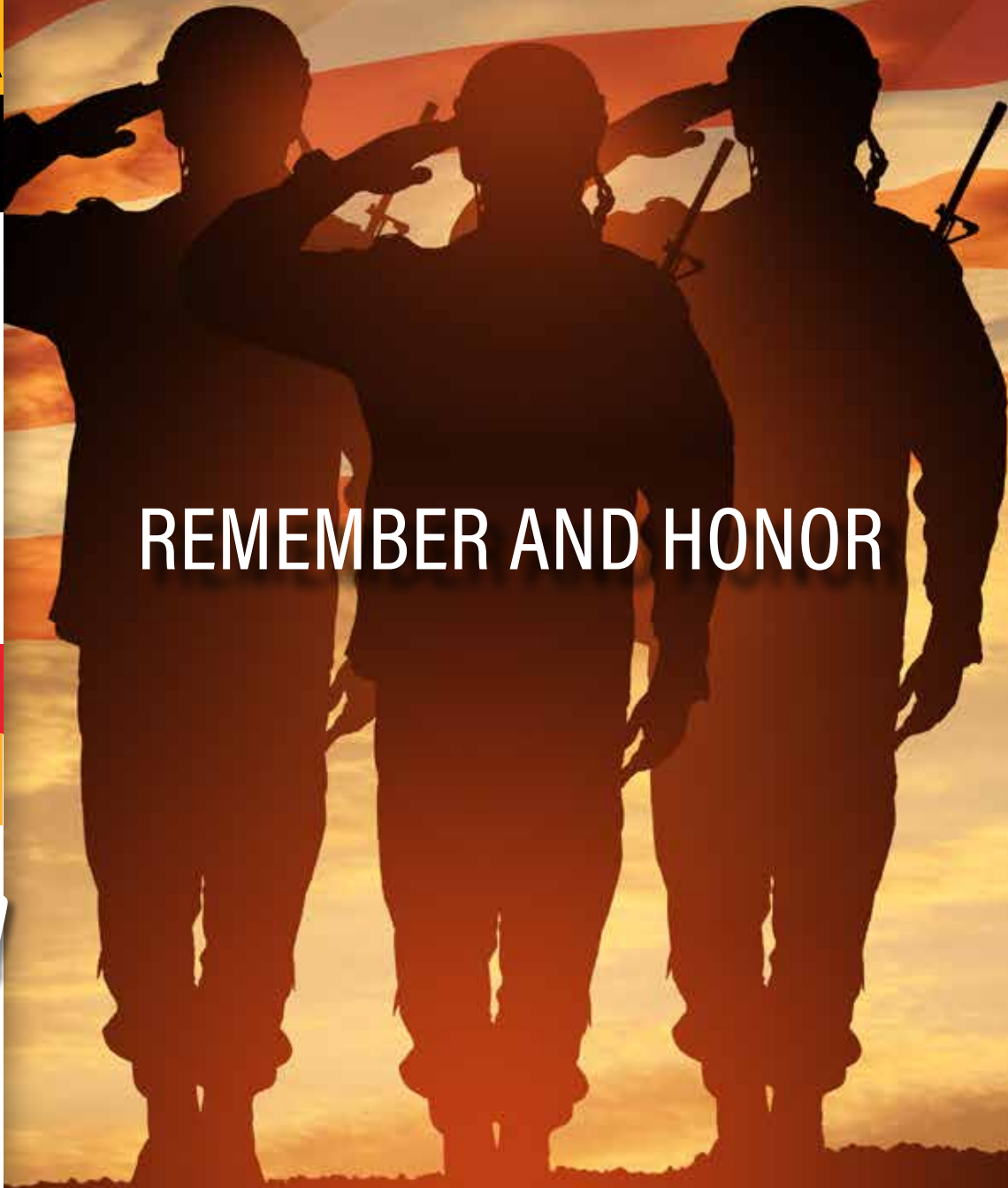
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MAY 2026



REMEMBER AND HONOR

# A TIME AND A PLACE

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# Starting the year **AGAIN**

Many people approach the new year with resolutions, only to find that by midyear, few have been maintained. As a result, some choose to revisit their goals and establish new intentions for the months ahead.

Common challenges include maintaining consistent routines. For example, setting aside time each day for online language learning—such as using Duolingo—can be difficult to sustain, even with structured, user-friendly programs that track daily progress.

Physical activity is another area where consistency often falters. Seasonal conditions, such as winter weather or facility closures, can disrupt plans for regular walking or exercise. With improved conditions, however, opportunities to resume these routines increase.

Continuing education is another frequently postponed goal. A wide range of free online courses is available through organizations such as Coursera, MIT OpenCourseWare, Harvard University, Stanford University and The Open University, offering accessible options across many subjects.

Midyear can serve as a natural opportunity to reassess priorities and set new, achievable goals. A simple online search for ideas—such as resolutions focused on mental well-being or personal development—can provide helpful starting points.

For those who have successfully maintained their original resolutions, this may also be an opportunity to build on that momentum with additional goals.



*"Every journey begins with the first step of articulating the intention, and then becoming the intention."*

— **Bryant McGill**

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# Explore History and Charm on the Greene County Tour of Homes

For more than 46 years, the Greene County Historical Society's Tour of Homes has been a beloved annual tradition, drawing visitors from near and far to experience the rich history and charm of our towns. The tour offers a rare opportunity to step inside remarkable examples of historic architecture, ranging from elegant Victorian-era homes to churches built as early as the 1830s; with our local homeowners generously allowing the public into their homes for this special event, all while taking in the stunning foliage that frames our communities.

This year's Tour of Homes brings us to the Town of New Baltimore, a picturesque countryside community founded in 1811 along the Hudson River. Like many towns in Greene County, New Baltimore has long welcomed settlers and travelers, and its story is deeply woven into the broader history of the region.

The tour will be held on Saturday, June 6th from 10am – 4pm. Tour headquarters will be at the New Baltimore Town Hall located on County Route 51, approximately one mile west of Route 9W. At headquarters, tour tickets as well as those ordered in advance can be picked up. Box lunches will also be available for purchase while they last. The tour will be held rain or shine. Tickets are \$30 the day of the tour and \$25 in advance. Participants will receive a brochure with information about the sites along with a marked route map.



*Experience historic New Baltimore through the Greene County Tour of Homes, Saturday, June 6.*

To reserve advance sale tickets visit [www.gchistory.org/home-tour](http://www.gchistory.org/home-tour) or send a check payable to GCHS to: Greene County Historical Society, P.O. Box 44, Coxsackie, NY 12051. The tickets will be available with your tour brochure on June 6th.

This is the Greene County Historical Society's major fundraiser. Proceeds from the sale of tour tickets support the Society, the Bronck Museum and the Vedder Research Library. For more information contact Jennifer Barnhart at [operations@gchistory.org](mailto:operations@gchistory.org).



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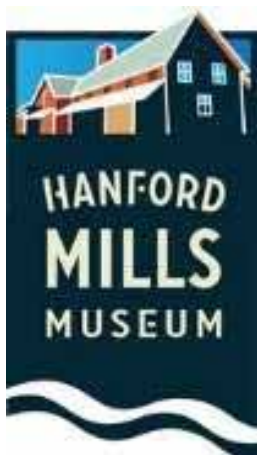
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## Hanford Mills 2026 Season Opens May 15

# 100th Anniversary Waterwheel Celebration May 23

Hanford Mills Museum will open for its 2026 season on Friday, May 15. The museum will be open Wednesdays through Sundays, 10am to 5pm through October 15. Knowledgeable staff offer a guided experience featuring demonstrations of historic, water-powered machines in the sawmill, gristmill, and woodworking shops.

On Saturday, May 23, join the Mill as they celebrate the 100th anniversary of the waterwheel. The Hanfords installed the waterwheel in 1926 and it still generates power for the mill today. Watch the wheel come to life and power an interconnected system that was at the heart of a truly innovative milling business and is a key to unlocking the power of the past.

This event will also include a concert by the Cooperstown based Small Town Big Band, a ribbon cutting ceremony, and other festivities.

Come early for a free guided bird walk exploring the museum grounds from 8 to 9:30am, led by experienced birders from the Delaware-Otsego Audubon Society.

The 2026 season includes a Fourth of July Celebration with homemade ice cream, the Dan Rion Memorial Antique Engine Jamboree on September 12 and 13, and the Trees and Timber Festival on October 10, which will focus on the importance of trees and forests.



### ABOUT HANFORD MILLS MUSEUM

Experience a story of innovation, ingenuity and entrepreneurship at a historic working mill site. Sheltered in a valley in the northwestern Catskills of New York, Hanford Mills Museum offers insights into the past, and lessons about the relationships between people, the things they make, and the places they live. As one of only a handful of operating water-powered mills, Hanford Mills Museum has earned a place on both the National and New York State Registers of Historic Places.

Hanford Mills is located at 51 County Highway 12 in East Meredith, at the intersection of Delaware County Routes 10 & 12, just 10 miles from Oneonta, and 15 miles from Delhi. For more information, visit [www.hanfordmills.org](http://www.hanfordmills.org) or call 607-278-5744.

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## HSM will clean headstones during May

The Historical Society of the Town of Middletown (HSM) will offer a headstone cleaning service at Middletown area cemeteries during the month of May.

In the weeks leading up to Memorial Day, HSM's trained volunteers will use D-2, a non-toxic cleaning agent, to remove algae, lichen and age-related grime from monuments and headstones in this annual fundraiser.

This service is provided at a cost of \$30 for a single stone, \$50 for two stones or a two-sided stone. To take advantage of this offer, send a check and contact information, along with name(s) on the headstone(s) and the cemetery, to HSM, PO Box 734, Margaretville, NY 12455. Or place your order and make payment at [www.zeffy.com/en-US/ticketing/headstone-cleaning](http://www.zeffy.com/en-US/ticketing/headstone-cleaning)

For more information, leave a message at 845-586-2400, or [historicalsocietyofmiddletown@gmail.com](mailto:historicalsocietyofmiddletown@gmail.com).

The Historical Society is preparing for its 2026 season of programs and special events. Find details at [www.mtownhistory.org](http://www.mtownhistory.org).



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— Sarah Hubbell

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# Pet Me Please!



Heart of the Catskills  
Humane Society

by Laura Wright



## Foster Families Make a Difference for Shelter Pets

May, among other things, is the month to bring awareness to those in foster care. I thought it would be nice to extend that to the animal world as well and do a shout out to our dedicated foster caregivers.

Most shelters have a foster care program. This program is for animals housed by the shelter that would benefit from temporarily being in a home setting for the purpose of extra socialization, healing from surgery or illness, or a break from the stress of the shelter setting.

At HCHS we primarily send moms with kittens and young orphaned kittens into foster care during the spring and summer when kitten season is at its peak. It is much safer and healthier for young kittens to be in a foster home until they have had at least two of their distemper vaccines. Being in a shelter with many other animals is not only stressful, but there is a much higher risk of exposure to illness. We have a list of regular, dedicated foster homes for cats and kittens, and we feel so lucky to work with these amazing families and individuals. Our foster homes help to care for and socialize young kittens for easier adoption, and it also helps us keep the shelter from getting overcrowded during our busiest time of year.

We also have folks who like to foster senior cats or dogs or animals who have been at the shelter for a longer period. A weekend break in a foster home, or even a "doggy day out," can be so beneficial for an animal's emotional and mental well-being.

At our shelter we don't consider every animal a foster candidate, simply because very adoptable animals have a better chance of being seen by the public and getting into a forever home when on-site at the shelter. Our foster care program is also not for the purpose of "trying out" an animal ahead of time, though there are certain situations where

exceptions are made. There are times we may even suggest that someone foster an animal first before adopting. But generally, our foster program is just that — a temporary foster care situation where you provide the space, care, and love, and we provide the food, supplies, and any medical care the animal needs while in foster care. Then the animal, if not adopted from foster care, will return to the shelter for meet and greets with potential adopters and to go home.

If you are interested in being a foster caregiver for HCHS, you are welcome to visit the shelter or email and request the foster care paperwork that we need to have on hand for all foster caregivers. Once that paperwork is submitted and approved, we will keep it on file and contact you if a foster candidate comes in that matches one that you are willing and able to foster. We must have a full and recent set of foster paperwork on file for all current foster caregivers, including those who only do day or weekend trips.

*continued...*

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Things to think about before committing to being a foster caregiver: are you within an hour of our shelter? Do you have reliable transportation to bring the animal back for vaccines or medical care or to pick up needed supplies? Do you have a safe and separate room or space to keep the foster animal separated from your own pets if needed? Do you have the extra time and patience to care for the kind of animal you'd like to foster? For instance, orphaned kittens or bottle babies will take much more time and attention than fostering a mother cat with kittens. Mom will do most of the work in that case! Do you have the capacity to walk a dog on-leash or have a fenced in yard to keep a foster dog safe and contained? Dogs in foster care

must be kept on-leash at all times when outside the home. Remember, animals in foster care are still official residents of the shelter.

We are happy to answer questions about our foster program. Emailing is often the best way to get information and paperwork for fostering. You can also talk to other families with more experience who have fostered before to get input and tips. Shelter staff are always available if you have questions or concerns while you are fostering as well.

To our own solid core of wonderful foster caregivers- we love and appreciate you and look forward to working with you again this season!

**FLEISCHMANN'S**  
**MEMORIAL DAY**  
**STREET FAIR**

**KICKING OFF SUMMER IN THE CATSKILLS!!**

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**FOOD & DRINKS**  
**LIVE MUSIC**  
**FAMILY FUN**

**SUNDAY MAY 24**  
**10 AM - 4 PM ON MAIN STREET**

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WEST KORTRIGHT CENTER

## Julian Fleisher

Saturday May 16, 6pm

### West Kortright Center

49 West Kortright Church Road  
East Meredith

(607) 278-5454 • info@westkc.org  
www.westkc.org

DelCo denizen Julian Fleisher brings his smokin' hot band and signature sass to the West Kortright Centre on Saturday, May 16. Known for making old songs sound new, new songs sound like standards, and his own songs sound like classics, Fleisher delivers an unforgettable live performance that *Billboard Magazine* simply calls "Do not miss!"

A true multi-hyphenate, Fleisher has built a career as a singer, songwriter, bandleader, producer, actor, writer, and podcast host. "I have the curiosity of a stubborn alley cat," he says. "I get bored pretty fast." That restless creativity has led him through music, theater, literature, and broadcasting, earning a reputation as one of New York's most dynamic performers.

Born in Baltimore and raised in a deeply musical family, Fleisher is the son of world-renowned concert pianist Leon Fleisher. He studied classical music at the prestigious Peabody Conservatory before attending Yale University, where he performed in concerts, theater productions, and with the famed a cappella group Redhot & Blue alongside classmates including Paul Giamatti, Jennifer Connelly, and Ed Norton.

After college, Fleisher moved to New York, where his love of singing led him from theater stages into the nightclub world. His wide-ranging embrace of the American songbook, irreverent humor, and barn-burning Rather Big Band quickly earned rave reviews and comparisons to entertainers such as Sammy Davis Jr., Mel Tormé, and Lenny Bruce.

Fleisher has performed regularly at iconic New York venues including Joe's Pub, Lincoln Center, BAM, Symphony Space, The 92nd Street Y, and the Winter



Garden at the World Trade Center. Alongside his music career, he has written books, produced performances, and collaborated with a wide array of artists including Molly Ringwald, Martha Plimpton, Isaac Mizrahi, Rufus Wainwright, Bridget Everett, Ana Gasteyer, Sally Field, and many others. He also hosts the popular podcasts *The Naked American Songbook* and *Julian Fleisher's Guilty Pleasures*.

Doors open at 6 p.m. Food and drinks will be available at the concession stand. This indoor concert features general admission seating. Tickets are \$25, with members receiving a 10% discount. Visit West Kortright Centre for tickets and information.

Event schedules and guidelines are subject to change. For questions, call (607) 278-5454 or email info@westkc.org. Special thanks to Catskill Country Living for sponsoring the 2026 season.

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**26th Annual Rummage & Saturday Bake Sale**  
Fri, May 15<sup>th</sup> 9am-3pm | Sat, May 16<sup>th</sup> 9am-1pm



RAG and WIOX Community  
Radio Catskills present  
**Homegrown Sounds**

Saturday May 23, 3-6pm

Hilt Kelly Hall @ Roxbury Arts Center  
5025 Vega Mountain Road, Roxbury  
[www.roxburyartsgroup.org](http://www.roxburyartsgroup.org)



PHOTO CREDIT RACHEL CONDRY

***Jam with Sue's Garage and other local musicians and help raise money for RAG and WIOX Community Radio.***

Following the success of the first Homegrown Sounds last August, Roxbury Arts Group is teaming up with WIOX Community Radio Catskills to bring back this spirited fundraiser which centers around local bands in a festival-like atmosphere. Think living room concert meets block party: intimate, energetic, and unapologetically fun. Board members grill, cold drinks flow, and RAG kicks off its season-long 50/50 raffle. Every event ticket sold supports WIOX Community Radio and Roxbury Arts Group—two organizations working to keep the Catskills creative, connected, and alive with music.

This year's featured artists include: Guitarist Jeff Entin, folk artist William Duke playing the shovel guitar and mountain dulcimer, Dani Epstein- Margaretville

resident, psychotherapist and singer who brings Broadway and American classics, Marilyn Kirby's Bad Math Trio (Marilyn Kirby and Fred Cristiani) offering their "Smooth Adult Retro Contemporary Multi Genre Positive Energy Original Music", Walter Dominicus and His Cuban Blues, Loli and the Pops, Whisky Lily and Sue's Garage all popular local classic rock bands with a sprinkling of blues, country, jazz and pop.

Come vibe with us and give back to two organizations that are a vital part of our creative community. Tickets: \$10 | \$25 | \$100, 16 and under free. For more information visit [www.roxburyartsgroup.org](http://www.roxburyartsgroup.org) call 607-326-7908 or email [tiprograms@roxburyartsgroup.org](mailto:tiprograms@roxburyartsgroup.org).



DO

# Fleischmanns Annual Memorial Day Street Fair Arrives Sunday, May 24

*by Iris Mead*

The excitement is building in Fleischmanns as the 18th Annual Memorial Day Street Fair will soon be filling Main Street with close to 100 vendors.

Numerous food choices, music and children's activities as well as many new vendors are being added to longtime favorites from past years. There will be a wide range of local businesses to check out as you ramble along Main Street enjoying the historic buildings. This year the Street Fair will go from the intersection of Main Street and Little Red Kill Road to the intersection of Main and Breezy Hill Road.

In addition to the increased variety of offerings, there will be music to enjoy near the Gazebo and at the Print House which is debuting an outdoor Bier Garden. The Heart of the Catskills Humane Society will have cats and kittens available to view and adopt, Dirty Girl Farm will have goats, and the towering "Fleischmanns Bear" will be greeting visitors and children along Main Street throughout the day.





## FESTIVAL FLAVORS

A wider range of food selections will be available this year as well as such items as specialty seafood, Latin food, tacos, a pickle van and beer truck. Longtime favorites will be available at the Food Court near the Gazebo. At the upper end of Main Street, Doolittle's will feature the Phoenicia Diner's pancakes, and their unique ice cream truck will be dispensing cones and cups of various flavors.



## COOL STUFF FOR KIDS

Children's activities will take place throughout the Street Fair. Arts Inn will feature Story Laurie, there will be a bounce house at the Library, a rock climbing wall near the Gazebo (new this year), corn hole games, and wandering street performers will entertain all day.

Also new this year is an online Silent Auction. The public will be able to bid on items from local businesses prior to the street fair. Items available for bidding can be found at [www.zeffy.com/FleischmannsFirstMemorialDayAuction](http://www.zeffy.com/FleischmannsFirstMemorialDayAuction).

Co-Chairs Rob Alverson and Yvonne Reuter invite you to be part of the fun on May 24 from 10 a.m. to 4:00 p.m. to celebrate the Fleischmanns community and the history of the village as it continues to grow.

*Come in and..... Feel the Warmth!*



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# Fleischmanns Memorial Day Street Fair *Bigger and Better Than Ever!*



Following last year's successful revamp, which introduced dozens of new vendors, the fair has taken on a new energy while staying true to its roots. That momentum continues this year, as the event expands along Fleischmanns' historic and picturesque Main Street, creating a lively, walkable experience that blends a classic Catskills street fair with a more curated regional market.

## **MANY THANKS TO FLEISCHMANN'S FIRST**

Organized by Fleischmanns First, in collaboration with Janine Ciccone of Market Party, the fair will feature a wide range of vendors offering handmade goods, vintage, specialty foods, and more, alongside a strong lineup of food vendors and live music throughout the day.

Attendees can expect to see their favorite returning vendors and longtime staples, while also discovering a new generation of makers and small businesses from across the state. Families can also enjoy several activities along Main Street, including a new rock climbing wall, and a bounce house, along with activities for all ages.

The event also highlights the continued growth of the village. Main Street is seeing a wave of new activity, with established businesses like Doolittle's and The Print House joined by newer additions, including San Mul, Two Doors Down, Wax & Wild, and The Catskills Taco Shack,

all contributing to Fleischmanns' evolving identity.

"This isn't just a street fair anymore, it's a snapshot of what's happening in the Catskills right now," said organizer Rob Alverson. "You still get the vendors and traditions people have loved for years, but now they're surrounded by new businesses, new makers, incredible food, and live music. It feels bigger, more exciting, and more alive than ever."

The Fleischmanns Memorial Day Street Fair brings together locals, visitors, and small businesses for a full day that celebrates the spirit and history of the village. The event offers a vibrant mix of food, music, and community, honoring Fleischmanns' past while showcasing its continued growth.



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**Diane Galusha**



**A TIME AND A PLACE**

## Baseball history revived in Fleischmanns

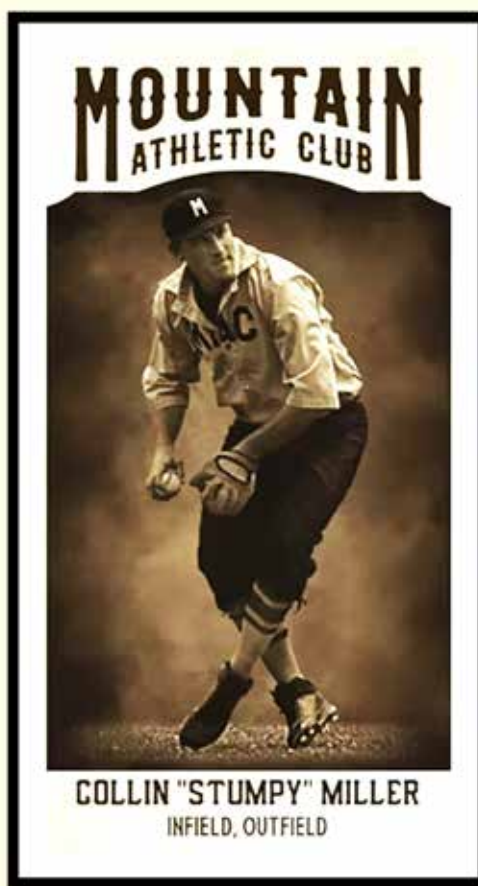
Mountain Athletic Club (M.A.C.) Vintage Base Ball is a team-fashioned after the original club founded in 1895 by the Fleischmann family on the present-day site of Fleischmanns Village Park. The ball diamond there was placed on the State and National Registers of Historic Places in 2020.

The contemporary squad's games on the ball field on Wagner Avenue are a combination of living history and the excitement of in-person baseball, up close and great fun for players and spectators alike.

Collin "Stumpy" Miller, leader and spokesman for the group, explains that in the decade between 1895 and 1906, the M.A.C. and their playing field along the Bushkill became a destination for summer visitors, country folks and villagers alike arriving on the Ulster & Delaware Railroad.

Many M.A.C. ballplayers would go on to have formidable careers in the major leagues such as Hall of Famer Miller Huggins, Doc White, Red Dooine, and Judson "Jay" Kirke who was born in Allaben and grew up in Fleischmanns. (Kirke will be honored at Jay Kirke Recognition Day June 7 when MAC takes on the Albany River Frogs.)

*continued...*



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 **Mountain Athletic Club**  
**VINTAGE BASE BALL**  
**2026 HOME GAMES @ FLEISCHMANN'S PARK**

★ HOME OPENER ★  
 May 16 v. Westfield Wheelmen (1895) - 12pm  
**Skene Library Fundraiser & MAC Display Dedication**  
 June 7 v. Albany River Frogs of the NY Sandlot Collective  
 Jay Kirke Day (1895) – 2pm

July 3 Delawares v. Hudsons  
**250th Independence Day Celebration**  
*featuring members of the Delaware County and Ulster County  
 Vintage Base Ball Assn's Swart-Wilcox House Museum - Oneonta, NY*

July 12 v. Rip Van Winkle Base Ball Club (1864 2x) – 1pm  
 Complete Schedule at [www.macvintagebaseball.org](http://www.macvintagebaseball.org)  
 Follow "MACVB1895" on Facebook or Instagram for schedule updates.    
**A Fleischmanns Tradition Since 1895**

In 1914, the Village was renamed Fleischmanns to honor the gift of the M.A.C. Grounds to the community by Julius Fleischmann who together with his younger brother Max played on the team during its heyday.

Miller joined the M.A.C. in 2007, its first year of revival following nearly a century of inactivity. In 2011, the team went dormant again for several years due to the devastating effects of Hurricane Irene. But Miller and others revived the team in 2017, and with community support, vintage baseball has re-emerged as a summer institution and tourism draw in Delaware and Ulster Counties.

Miller has continued to research the team's history

with help from the Society of American Baseball Research and John Thorn, the official historian of Major League Baseball who visited bungalow colonies in Fleischmanns as a boy in the 1950s.

The M.A.C. has been featured in three books including *New York's Great Lost Ballparks* (SUNY Press, 2022), *Vintage Base Ball's Enduring Legacy* (Pocol Press, 2023), and most recently, *Peter Pan in the Catskills and Other Historical Essays* (Purple Mountain Press, 2026).

Copies of the new book will be available for purchase at home games, as will limited edition M.A.C. baseball card sets.



## TOWN TEAM BASEBALL

by Lloyd Barnhart

I wish I'd had the chance  
To try to steal second  
With Lyndon Early behind the plate.

Or, maybe try to sneak a high hard one  
Past hard-hitting Benny Cicio...but  
Alas, I was born too late.

Hey, you know I got to play  
With, or against a few:  
The Knickerbockers and  
Carl Gales come to mind...

But, guys like Mert Brush,  
And even John Swarthout...  
My memories can't find.

I remember playing with Gerald Shaver  
Umping behind the plate...  
Talking to me nonstop...such a bother.

And, then playing with and against  
The Hinckley brothers  
While they fought with each other!

I never hit a ball  
As far as old Harry Wood did,  
But I sure did try...

But I couldn't reach the river;  
That far, my best clouts  
Just did not fly.

Bert Bennett, my uncle,  
Was a local legend...  
A pitcher, supreme!

But he was old by the time  
I started pitching; too old to teach me,  
Or so it did seem.

So, I admit, the good old days are gone:  
Towns just don't support baseball teams  
Like they did in the past.

And, chances for playing baseball,  
Real baseball, that is  
Are dwindling fast.....

Good Town Team Baseball is gone for sure.  
There is no money in it;  
It will never return again.....

The "Boys Of Summer"  
Will play ball no more....  
They have all become men!

*Written 2019. Players named were from Livingston Manor, Roscoe, East Branch, Fishs Eddy, Hancock, and Downsville.  
None are still living (that I know of), but they will be remembered by many.*

## DINE

# Street Fair, Sunshine *and* South-of-the-Border Flavor!

The Memorial Day Street Fair is full of flavors from everywhere — and these local restaurants are bringing the fiesta to Fleischmanns.

Nestled in the scenic Catskills, Fleischmanns may be known for mountain charm and small-town hospitality, but the village also turns up the flavor with festive Mexican cuisine. Whether you're craving tacos, burritos, fajitas, or authentic Mexican specialties, spice up your Memorial Day weekend — or every day — and dine with our firends at La Cabana, Catskills Taco Shack and Sam's Country Store.

That's right! Sam's Country Store — not your typical convenience store — has Mexican specialties on the menu at the café, and American favorites too: wraps, deli sandwiches, breakfast treats and much more. Relax and enjoy a great meal in our café. All meals are prepared fresh and ready for you to enjoy at your leisure.

Catskill Taco Shack is family-owned restaurant serves up authentic tacos packed with flavorful meat, fresh toppings, and a special sauce. Located right on Main Street in Fleischmanns, stop by and show your support by grabbing a delicious meal!

Enjoy music and more en La Cantina, La Cabaña's cozy night club with a Spanish-Mexican flavor. Arcade, darts, jukebox and pool table available. Order your Mexican favorites and ask about our drink specials.

So stroll the festival, sample the food court, work up a hearty appetite then head south of the border in Fleischmanns.

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## American Patchwork Quartet

Friday May 29, 2026, 7:30pm

Hilt Kelly Hall @ Roxbury Arts Center  
5025 Vega Mountain Road, Roxbury  
[www.roxburyartsgroup.org](http://www.roxburyartsgroup.org)



Roxbury Arts Group kicks off its presenting program season with a uniquely American ensemble, American Patchwork Quartet (APQ). Led by multi-GRAMMY® award-winning guitarist/vocalist Clay Ross, APQ binds timeless American folk songs with jazz sophistication, country twang, West African hypnotics, and East Asian ornamentation.

A southern-born roots music aficionado, Ross is also the founder of the world-renowned Gullah group Ranky Tanky. In APQ, Ross intertwines with other Grammy-winning artists: Harini Raghavan, a Carnatic vocalist and violinist, Moto Fukushima, an internationally acclaimed Issei jazz bassist, and Rudy Royston, a renowned jazz drummer whose fibers were honed by African American church traditions. Each carefully chosen piece dives deep into America's patchwork soul and shares the joys, sorrows, and unwavering hope of a nation crafted by shared dreams and diverse histories.

APQ is a deliberately designed homage to the great American experiment. It beckons listeners to meditate upon our shared identity and relish in the musical threads that bind us.

APQ performs at the Roxbury Arts Center on Friday May 29 at 7:30pm. Tiered pricing is available: \$12 | \$21 | \$28, 16 and under free.

For more information or to purchase tickets please visit [www.roxburyartsgroup.org](http://www.roxburyartsgroup.org) call 607-326-7908 or email [programs@roxburyartsgroup.org](mailto:programs@roxburyartsgroup.org).

This performance is sponsored by Birdsong Farm.

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## Handcrafted Broom Workshop Returns

with Poliana Danila

Saturday, May 30, 11am to 4pm

Headwaters Arts Center  
66 Main Street, Stamford

[www.roxburyartsgroup.org](http://www.roxburyartsgroup.org)

Just in time for the arrival of summer, the popular Handcrafted Broom Workshop returns to the Headwaters Arts Center on Saturday, May 30.

Participants will make a 16 inch sorghum broom using ancient techniques. There will be options available for personalizing the broom, which can be used in a sacred space or as an art piece or sweeper. All materials are included and tools will be provided for use during the workshop.

A traditional symbol of good luck, it is said that brooms can sweep away bad fortune. Whether you use it to make way for good luck or to remove the last remnants of winter from your home, a broom crafted by your own hands is a beautiful and functional piece of art.

Poliana Danila is an educator, fiber artist and broom maker who loves working with whatever plants give or gift us. Originally from Romania, Poliana watched her parents and grandparents working in the gardens, teaching in school and spinning and weaving with the wool from their sheep. She has bachelor's and master's degrees in landscape design and horticulture, and has had the privilege of expanding her knowledge of weaving, knotting, plant dyeing and broom making with well-known artists and makers at fiber studios such as Textile Art Center in Brooklyn/Manhattan, Fiber Craft Studio in Spring Valley and upstate NY.

Choose the price that works for you \$40 | \$60 | \$80. Early registration is encouraged to ensure your spot. Tickets: <https://givebutter.com/wT5VGU>



For more information and to register for the workshop visit [roxburyartsgroup.org](http://roxburyartsgroup.org) or email [headwatersartscenter@roxburyartsgroup.org](mailto:headwatersartscenter@roxburyartsgroup.org).

Workshop is sponsored by Dubben Gas Service.

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## Franklin Stage Company Announces 30th Anniversary Summer Season

The Franklin Stage Company, Delaware County's renowned classical summer theater, will celebrate its 30th anniversary season from May 31 through August 23. "What a milestone—we're thrilled to have reached 30 years of admission-free performance," said Artistic Director Patricia Buckley. "Our season this year is amazing."

The celebration begins May 31 with Franklin Stage Company's 30th Anniversary Fundraising Event featuring music group Duo Extempore debuting a newly commissioned piece created exclusively for the occasion. The event gives audiences and donors an opportunity to support the theater's mission of sustaining innovative, admission-free performances.


The regular season opens July 3 with Shakespeare's beloved romantic comedy *Much Ado About Nothing*, running through July 19 with five performances weekly. The classic play follows two couples navigating gossip, misunderstandings, pride, and romance.

July 24–26, FSC presents Hend Ayoub's solo show *HOME? A Palestinian Woman's Search for Life, Liberty and Happiness*, blending storytelling, humor, and movement in an exploration of identity and belonging.

The following weekend, July 31–August 2, Dual Rivet Dance Company brings immersive performances balancing power, fragility, speed, and stillness.

Closing the season is FSC's second world premiere, *The Civilities* by Kyle Bass, author of *Possessing Harriet* and *Toliver & Wakeman*. Set in Upstate New York in 1936, the play explores the relationship between a young Black Cornell graduate student and a Confederate veteran and poet living in the North.

Franklin Stage Company's 30th anniversary season runs from May 31 through August 23 at Chapel Hall, 25 Institute Street in Franklin. Please note all evening shows have a curtain time of 7:30pm. Sunday



*Hend Ayoub brings her solo show HOME? to the Franklin Stage Company, during its 30th Anniversary Season.*

shows are at 5pm. *Much Ado About Nothing* and *The Civilities* will also have 3pm Saturday matinees. General Seating. Admission is free for all events with the exception of the season fundraiser. Suggested donation for regular FSC shows is \$25 per person. For reservations, visit [www.franklinstagecompany.org](http://www.franklinstagecompany.org).

Franklin Stage Company is a professional Actors Equity, nonprofit theater founded in 1997 in Franklin, NY. Dedicated to producing admission-free classic and new works, FSC believes great theater should be accessible to all. Programming is supported by the New York State Council on the Arts with the support of Governor Kathy Hochul and the New York State Legislature.

Franklin Stage Company, a professional Actors Equity not-for-profit theater founded in 1997 is dedicated to producing classic and new plays, presenting both emerging and established artists. The company was founded on the principle that great theater should be accessible to all.

# THE BREAKABEEN GENERAL STORE

## “If We Don’t Have It, You Don’t Need It!”

by Suzanne M Walsh © 2026



PHOTO CREDIT: SUZANNE M WALSH © 2026

*The exterior facade of the Breakabeen General Store, built in the early 1800s. Since day 1, this historic Neo-Classical structure has been a general store uninterruptedly for almost 200 years.*

It’s easy to fall in love with the Breakabeen General Store. If you’ve ever stopped here alongside NY State Route 30 in Schoharie County, you already know why.

Surrounded by the peaceful sounds and views of the Schoharie Creek, the falls of the Keyser Kill, and the verdant vistas of the northern Catskills, this unique general store—named after the hamlet it’s situated in with the same curious name of Breakabeen—serves not only as a magnet for local shopping, but also as a unique immersion into history, allowing one to experience almost two hundred years of influences that had a hand in the shaping of a Republic.

Today, you can find an assorted wonder of unexpected things living up to the name of “general”

store items including nuts and bolts, and screws and ice cream and fresh produce, together with even a small selection of men’s shoes found alongside other necessities, under the category of groceries, organic and other.

Besides the practical, and some obscure, and some locally special, items for sale here, the store carries a full menu of freshly made-to-order sandwich choices. You can get their in-house pizza pie baked fresh on the other side of the counter, and a variety of homemade picnic-like salads and house-pickled eggs displayed alongside the selection of gourmet desserts is the cooler. You can also buy dry goods, *continued...*

specialty foods, souvenirs and much, much more.

"This place has always been a store without interruption since it was built back in the early part of the 1800s—" says June Corcoran, owner of The Breakabeen General Store for the past 42 years. "This structure has been a living example of the role that the humble general store has played for almost 200 years in building the nation's history."

One usually doesn't think of a general store in terms of being significant in the building of a nation, but what Corcoran says is true. Since the beginning of European settlements in the rural Catskills, as elsewhere in the developing country, the general store has always been a local center for access to food, dry goods, building materials, and a local meeting place for exchanging news and informal political views.

Corcoran says, "The responsibility of carrying on this nearly two-century-old tradition is something I take very seriously."

Along with fulfilling this responsibility, Corcoran has added some new amenities to the tradition. "A lot of people don't know this," she says, "but the sandwiches we serve are made with our own roast beef and briskets roasted on site. And our breads are artisanal."

Corcoran's pride in her unique establishment is echoed in the attitudes of the store employees behind the counter. Elizabeth is one of the warm-hearted and genuinely friendly staff member working the register, the phone, taking down orders and waiting on customers, whether they be the regulars she greets by name, or the hikers and other tourists visiting this part of Schoharie County.

"I've always loved history—" says Elizabeth while preparing a delicious-looking slice of chocolate cake to go. "And this place is as historically authentic as it gets. It's a living connection with the country's past."

Elizabeth pauses to fetch a takeout container. Carefully placing the chocolate cake slice inside, she secures the box shut saying, "You know, we have a number of out of town locals who've moved here. They seem amazed when they realize they can find almost anything they need in our store. In fact," she says, laughing "we tell them that's our motto — 'If we don't have it, you probably don't need it!'"

"Sometimes they come in and get their groceries,



PHOTO CREDIT: SUZANNE M WALSH © 2026

***From behind the counter of the Breakabeen General Store, smiling Elizabeth packs up a thick slice of delicious gourmet chocolate cake to go.***

order a sandwich and beverage and then ask if they can sit outside on the porch. Of course we say yes," Elizabeth says to me, "that's what the table and all those chairs out there are for!"

She's referring to the weathered wooden floorboards outside on which there sits some assorted chairs in unassuming order around a generously porch-wide table. Old wooden floorboards meet your feet when walking inside the store too. The sounds give off the nostalgic scuffling noises heard mostly only in old cowboy movies these days—sounds that create a certain special ambiance working its magic by throwing your mind right back into another, somehow softer-feeling and bygone era.

"Sometimes these folks will sit out there content just to watch the roadside traffic go by." Elizabeth gets serious when she follows up with, "There aren't too many places left anymore where you can do something like that."

She's right, but if a hall of fame were ever to exist  
*continued...*

for the “Longest Track Record of America’s Vanishing Experiences”, the Breakabeen General Store would be right up there as the star. The atmosphere of this place is charismatic. The unchanged elegant Neo-Classical building, now unapologetically, but charmingly, weathered by time sits within Breakabeen’s small and significant historical district—the Neo-Classical architecture of the few remaining surrounding town buildings reveal the time of the town’s founding as clearly as if written in stone.

And as for the curious name, “Breakabeen? That’s historically significant, too. It describes how the land was first viewed by the early German Palatine settlers of the area who saw the “broad flats” around the Schoharie Kill filled with “brakes”, which referred to the certain type of fern found abundant back then. They identified this area by calling it “Brakabeen”, which later was spelled Breakabeen, a very nice place to visit almost 200 years later where you’ll always be welcome to sit on the porch of the Breakabeen General Store with a delicious and congenially made sandwich and contentedly watch the rest of the world go by.

### Breakabeen General Store

115 Clauverwie Rd  
off NYS Rte 30  
Breakabeen  
518-827-4731



PHOTO CREDIT: SUZANNE M WALSH © 2026

*The view that meets the eye when you step into the special world of the Breakabeen General Store.*

## HERE'S A TIP

*It's better to be a butterfly. Did you know, the more social you are, the better your health, researchers say.*

*Plastic grocery bags always come in handy. Try storing them in empty tissue boxes for the car or bathroom, or use an empty 12-pack soda box for more under your kitchen sink or in the garage.*

*“For foot cramps at bedtime, eat a banana in the evening. I think it is the potassium in the bananas, but it has had a good effect for me. And it can't hurt to get another serving of fruit per day, right?” -- L.I. in Missouri*

*Put a wooden spoon over a pot of boiling water to help prevent it from boiling over.*

*Freeze leftover coffee in ice cube trays and use the cubes in iced coffee to keep drinks cold without watering them down.*

*“Another great use for baby powder (or corn starch): If you have a deck of cards that are stuck together, simply place them in a baggie and add a tablespoon of powder. Seal and shake, getting the dust in between the cards. When you remove the cards, shuffle them over a kitchen towel and they will be like brand new.” -- R.D. in Texas*

*If your bucket won't fit in your sink, you can fill a mop bucket with a dustpan! Use the large end of the dustpan as a funnel from the faucet over the side of the sink, where your mop bucket is waiting to catch the waterfall. The handle acts as a spout.*

*You can substitute black bean puree for flour when making brownies, and it tastes so good! It's an even swap. Just make sure you rinse the canned beans well to remove added sodium, and run them through a food processor to puree.*

*Use a binder clip to organize charging cables at your desk and keep them from falling behind furniture.*

*Place a damp paper towel around herbs before refrigerating to help keep them fresh longer.*

**Send your tips to Now Here's a Tip, 1800 Pembroke Dr., Suite 300, Orlando, FL 32810**

# *In the Pink!*

## **Pink Street Festival Returns to Bovina Center Montessori School Sunday, June 7**



Bovina Center Montessori School is excited to announce the return of the Pink Street Festival, a community celebration for children and families Sunday, June 7 from 10am to 4pm on the school's campus at 2121 County Highway 5 (Pink Street) in Bovina Center.

After pausing last year during campus construction, the festival returns to the school's Great Lawn with local vendors, live music, food, and hands-

on family activities celebrating the creativity and community spirit of Delaware County.

Originally launched in 2023 and attended by more than 400 visitors and 50 vendors, the Pink Street Festival brings together artists, makers, farms, musicians, small businesses, and community organizations for a lively day outdoors in the Catskills.

Families can enjoy artisan vendors, regional food, live music throughout the day, and interactive activities for children, along with opportunities to connect with local organizations and explore the Bovina Montessori campus.

Admission is by donation, with proceeds supporting enrichment and educational opportunities for children through the KidSkill Fund, a locally-based 501(c)(3) nonprofit organization.

Festival organizers are currently welcoming vendors and business sponsors. Learn more or register at: [www.pinkstreetfestival.com](http://www.pinkstreetfestival.com).



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“I just finished reading your March issue. Well done! I need to go get some Catskills maple syrup which I use for my Breezy Hill Inn French toast, served most Sundays.”

**Michelle Sidrane**





## Kamilla Talbot's Abstract Watercolor Workshop

Saturday, June 13 - 10am to 1pm

Headwaters Arts Center  
66 Main Street, Stamford

[www.roxburyartsgroup.org](http://www.roxburyartsgroup.org)

Learn to see your surroundings in a new way! Kamilla Talbot's Abstract Watercolor workshop can help participants learn a new way of seeing on Saturday, June 13, 2026, 10a–1p at the Headwaters Arts Center. Abstracting from the environment can be a challenging exercise, but seasoned artist and teacher Kamilla Talbot has years of experience guiding learners in developing this valuable skill.

Using observation and invention as the starting point, this workshop will focus on the process rather than the finished product, allowing for discoveries along the way. In addition to prompts, participants will receive individual attention, and will discuss what constitutes success in their own and others' work.

Participants are encouraged to bring their own watercolor or gouache supplies, and there will also be supplies available for use. All levels are welcome.

Kamilla Talbot is a local artist who incorporates a loose watercolor technique in her paintings. She is an instructor at the Art Students League in New York City, and has taught at a number of other institutions.

Tiered Pricing: \$25 | \$40 | \$50

[www.roxburyartsgroup.org/  
workshops/abstract-watercolor](http://www.roxburyartsgroup.org/workshops/abstract-watercolor)

For Tickets: [www.givebutter.com/  
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## STRANGE BUT TRUE

by Lucie Winborne

An 1898 book predicted the Titanic's sinking 14 years before it happened.

During the 1904 Tour de France, Maurice Gerin jumped on a train and caught a ride between cities to get ahead of the other cyclists.

Antarctica is the world's largest desert, as it is a polar ice desert with very low precipitation.

As a young, poor artist, Pablo Picasso once burned his own paintings to keep warm.

The naked man orchid, aka the hanging man orchid, resembles -- yes, you guessed it -- a nude dude. Native to Mediterranean regions, it's also classified as threatened, possibly due to its popularity as an antidiarrheal, antifatulent and aphrodisiac.

Pretzels were originally created by monks around 610 A.D. to reward children for learning prayers, with their shape designed to resemble arms crossed in prayer.

Snake wine, a traditional alcoholic beverage found in Vietnam, China and Southeast Asia, is created by infusing whole, often venomous, snakes in rice wine or grain alcohol for months. The high alcohol content denatures the venom, making it safe for consumption, though the drink is banned in some areas.

In 2018, scientists at Caltech played a microscopic game of tic-tac-toe built from DNA.

The dirt on Mars is made up of dust particles just 4% the width of a human hair and contains toxic metals and other harmful compounds that can cause hormonal imbalances and serious disease.

Feeding pigeons in Venice, Italy, is prohibited to protect historical monuments.



by CJ Karcher

Owner & Systems Administrator

**Level Up Tech Support**

## ***Deception & Trickery***

Much like Mother Nature has been doing to us this past month — is it spring? Is it winter? Is it summer? Is it gray? Scammers have deception and trickery down to a science. I've touched base on pop-ups, emails, and text messages a few times. However, I haven't covered much on fake profiles.

Social media has taken over how our lives function. We have become super dependent on it to keep in touch with family and friends and stay up to date with current events, news, and entertainment. Of course, all our favorite celebrities, content creators, and athletes are on social media. That's how they get paid, keep fans updated, and so on. What better opportunity for scammers than to impersonate your favorite YouTuber, athlete, or TV star?

Scammers will create profiles using the names and pictures of these people. They will comment on posts related to them, making it look like they are part of the conversation in hopes of suckering people into chatting with them — and it works. Here are key things to take note of when a public figure is commenting on a post or you have been contacted by them.

- Social media platforms have verification methods in place. People with great popularity will usually have some sort of stamp on their profile indicating they are indeed who they say they are. Facebook and Instagram, for example, have a blue circle with a checkmark next to their

name or entity.

- If you find yourself talking to a person, or they have commented on a post telling you to reach them on Telegram or WhatsApp, that is an immediate RED FLAG. Scammers prefer these platforms because they offer end-to-end encryption for anonymity, allow user-managed deletion of messages, and evade the safety detection systems of dating or sales platforms where they first contact victims.

- If you find yourself in one of these situations, terminate contact immediately. Do not provide any personal information such as bank account or card numbers. Do not send or purchase gift cards. Research things. For example, search for this person on Facebook and see if the profile is verified and look for discrepancies. Google scams and why scammers use apps like WhatsApp and Telegram. There is tons of great information available.

My wife and I have been together for over 18 years now. Spending time on dating apps is not something I do. As a tech who deals with the aftermath of scammers on a regular basis, I am still very familiar with their work. I've also watched almost every episode of Catfish. Most of it applies just as much to social media profiles as it does dating apps. The concept is basically the same — there is just a more direct reason to be there.

Again, Google is your friend, particularly with

*continued...*

the ability to reverse image search. This allows you to search the internet for an image to see if it's been stolen from someone else. For example, if I send you an image of my face, you can search for it and see if I stole it from someone online. If there are no results, then most likely I'm a legit person. Google offers an app called Lens that makes this much easier to do. This can also be used on iOS (Apple).

Based on 2025–2026 data, scammers bring in over \$1.2 billion per day globally, with total annual losses estimated at around \$442 billion to over \$579 billion. One scammer can bring in an average of \$7K a day. There is no way to completely shut them down. There is no software or AI that can 100% stop them from interacting with you. These people get up every day, sit at a desk, and start scamming. It's easy money for them, and they aren't going to stop. I'm doing my best to educate everyone on how to steer clear of becoming a victim.

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“Wow!!! This month's edition of A Time and A Place was outstanding! In particular the articles about Maple Syrup, Cheese and Sour Dough Bread were very informative! I also enjoyed the rest of the articles. Thank you for continuing to share your magazine with the rest of your readers!”  
**Ted Todd**

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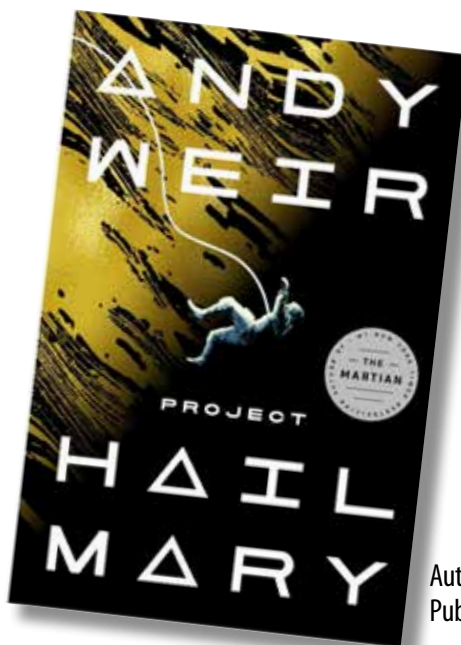


## Project Hail Mary

This is probably the strangest book review I have written. It is a review of a book, a movie, and a soundtrack. I usually review area authors rather than bestselling titles, where my review would likely disappear like a drop in the ocean. But I believe greatly in the message of *Project Hail Mary* by the author, Andy Weir, the same writer of *The Martian* book and movie fame. *Project Hail Mary* is simply the compassionate hope that the tired world needs right now. I was going to say it appeals to a universal human condition, but since the genre is science fiction, I'll say that it appeals to a cosmic condition that transcends species.

Let's look at the book numbers: Amazon's Top 100 ranks it #3 overall, #2 in suspense thrillers, and #1 in hard science fiction and science fiction. This is unheard of for a book published back in 2022. The book is getting an obvious boost from the major motion picture of the same name in theaters now. The movie, in extended theater release due to its popularity, is the third highest grossing film of 2026 so far, and has broken records for Amazon MGM. Catch it before it leaves theaters, this is a film that deserves to be seen on the big screen. I have seen it twice and each time heard equal amounts of crying and laughing from the audience around me. Science Fiction is not my preferred genre but this is the Star Wars of our time.

It may be a while before you can read the book, as it is sold out in many outlets and area libraries have an over 20 week waiting list. Is the book better than the movie? Usually I say yes, but this time I recommend experiencing both, as each fills in the



Author: Andy Weir  
Publisher: Random House

gaps of the other. It doesn't hurt that the film stars Ryan Reynolds who is perfectly cast and easy on the eyes. But the real star that you are guaranteed to fall in love with, is someone...or something I will not reveal here. You must watch or read to find out.

Lastly, the soundtrack is an eclectic mix of old and new with something for everyone, including the earworm song, *Sign Of The Times*, performed surprisingly different from the original artist, Harry Styles. Some people would say this song version is better. (Me, I'm some people.) Rush to the theater, wait for the book to be available or listen to the music. Experience *Project Hail Mary* any way you can. My review synopsis is, "Two Thumbs Down" way down, an insider fan reference you will not understand until you go. Go!

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1 tablespoon granulated sugar

½ cup (1 stick) butter, melted

#### ***Filling***

1 block (8 ounces) cream cheese, room temp

1 cup granulated sugar

2 teaspoons vanilla extract

1 box (3 ounces) lemon jello mix

½ cup boiling water, about 212°F

½ cup cold water, about 50°F

1 can (12 ounces) evaporated milk, chilled in freezer for 30 minutes



### **DIRECTIONS**

Chill the bowl of a stand mixer, the whisk attachment, and the can of evaporated milk in the freezer for at least 30 minutes. (This will help get peaks when whipping the evaporated milk.) Do not skip this step.

#### ***Crust***

Lightly spray a 9×13-inch baking dish with nonstick cooking spray.

In a medium bowl, add graham crackers and sugar and mix together.

Add melted butter and mix until all ingredients are fully incorporated (no dry spots).

Reserve ¼ cup of the graham cracker mixture and set aside.

Press the remaining crumbs firmly into the bottom of the prepared 9×13-inch baking dish. Set aside.

#### ***Filling***

In a medium bowl cream together cream cheese and sugar with a hand mixer. Add vanilla and mix until well blended (2-3 minutes). Set aside.

In a separate large bowl, add jello mix and boiling water. Whisk until the jello mix dissolves (1-2 minutes). Add cold water and set the mixture in the refrigerator for a few minutes while you prepare the rest of the filling, but do not let the gelatin set.

To a stand mixer, add the chilled bowl and whisk attachment. Add the evaporated milk and mix on high until soft peaks form (about 5 minutes).

Add the jello mixture and continue to whisk for 30 more seconds.

Add cream cheese mixture and whisk for 30 more seconds.

Pour mixture into the pan and top with the reserved graham cracker mixture.

Chill overnight before serving.

# History of Our Hamlets

Photos and recollections courtesy of Diane Galusha,  
Historical Society of the Town of Middletown

## Remembering the Civil War

One hundred eighty years ago, in 1866, the nation was adjusting to peace and coming to terms with the ghastly toll of the great civil war that had roiled communities north and south since 1861. Middletown sent 243 men to fight for the Union; 39 paid for their service with their lives.

Herman Edgar Smith (right), a farmer from Clark's Factory (Dunraven), was 26 when he was wounded while serving with the 3rd NY Cavalry at Chapman's Farm near Richmond, VA in October, 1864. He was taken captive and died the same day at Libby Prison.

Maransa Sanford (bottom right) was among many from Middletown who served in Co. G of the 144th Regiment. He posed in uniform for this image with son James, who drowned at the age of seven in 1867. Maransa, born in New Kingston, lived until 1891.

Veterans of the 144th Regiment drawn from Delaware County gathered for a reunion in Stamford in 1899.

History of Our Hamlets is sponsored by





# Green living

## Take action to reduce plastic pollution

World Environment Day takes place on June 5, 2026, raising public awareness about pressing environmental issues, including plastic pollution. Microplastics and single-use plastic products harm humans, wildlife and ecosystems—from mountains and forests to rivers and oceans.

### Alarming statistics

Here are some figures from the United Nations Environment Programme (UNEP) highlighting the urgent need for action:

- The amount of plastic produced each year globally weighs over 400 million metric tons
- Of this amount, approximately 200 million metric tons come from single-use items
- Each person consumes more than 50,000 plastic particles annually
- Fewer than 1 in 10 plastic items are recycled
- Every year, plastic waste weighing between 19 and 23 million metric tons pollutes rivers, lakes and oceans

### Thought for the Day

“You build on failure. You use it as a stepping stone. Close the door on the past. You don’t try to forget the mistakes, but you don’t dwell on it. You don’t let it have any of your energy, or any of your time, or any of your space.”

— *Johnny Cash*

### Possible solutions

Packaging is largely responsible for these statistics. You can reduce your ecological footprint related to plastic consumption by adopting good habits. Buying in bulk and wrapping your food in cloth or beeswax wraps are good solutions.

Additionally, make it a priority to use reusable water bottles, shopping bags, coffee cups, diapers and menstrual products.

Finally, make it a habit to support businesses, stores and restaurants that take concrete steps to reduce their use of single-use plastics. Every little bit counts!



# Thanks To Those Who Serve and Save

Each May, we're given a powerful opportunity to pause and recognize the people who show up on our hardest days, the professionals who run toward emergencies when others step back. From EMS Week and National Police Week to Paramedic Services Week and National Nurses Week, this month is a collective tribute to courage, compassion, and commitment.

Emergency Medical Services (EMS) professionals and paramedics are often the first on scene, delivering life-saving care under intense pressure. Police officers dedicate their lives to protecting communities, making split-second decisions in situations most of us can't imagine. Nurses, whether in hospitals, clinics, or community settings, are the steady hands and reassuring voices guiding patients through both crisis and recovery.

While each of these roles is distinct, they share a common thread: service above self. They work long hours, face emotional and physical challenges, and carry responsibilities that extend far beyond their shifts. Yet they continue to show up—with skill, resilience, and heart, demonstrating unwavering



dedication to the people and communities they serve every single day.

This May, recognition goes beyond words. It's about genuine appreciation—thanking them, supporting them, and acknowledging the sacrifices they and their families make every day. Whether it's a simple "thank you," a community gesture, or organizational support, every bit matters.

To the EMS professionals, police officers, paramedics, and nurses: your dedication does not go unnoticed. You are the backbone of our safety and healthcare systems, and your impact reaches farther than you may ever realize.

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# Let's celebrate our everyday **HEROES**

Dear Readers,

Our communities are filled with everyday heroes—people who go above and beyond to help, support, encourage, and uplift those around them. Some save lives. Others make a difference through compassion, service, leadership, or simply showing up when it matters most.

Do you know someone who inspires others with their courage or commitment? Nominate them and share a short testimonial so we can recognize the impact they make and celebrate their story!

**Email us at [ataap16@gmail.com](mailto:ataap16@gmail.com) or mail us a note at  
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