

A

TIME
AND A
PLACE

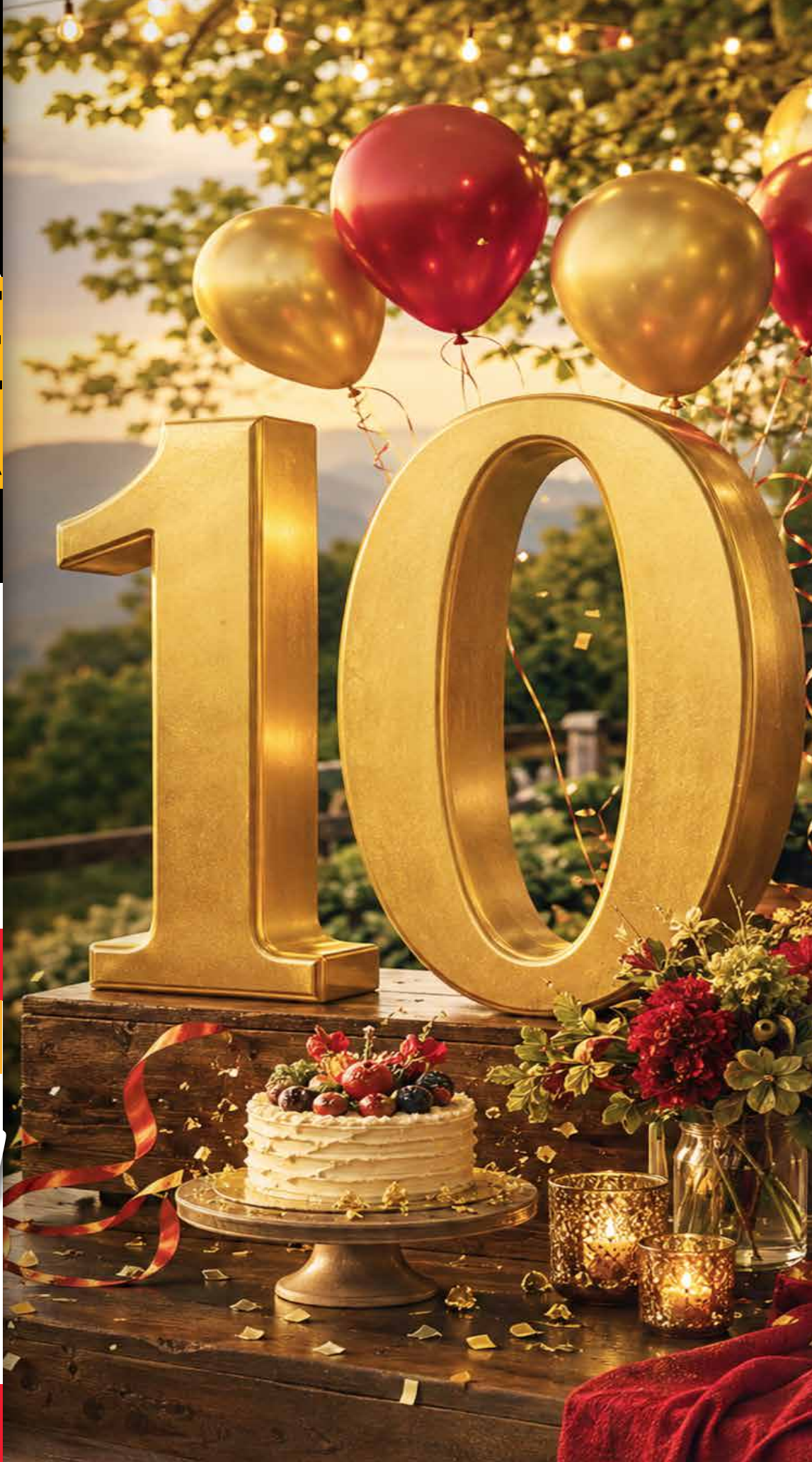
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Gretchen Balcom
PUBLISHER



FROM THE PUBLISHER

Ten years ago my daughter said, "Mom you have wanted to do your own magazine for over ten years, why not now?"

That is how it all began.

After spending over 25 years selling advertising in print publications for other people, I felt I had a pretty good idea of what reader's wanted, what advertisers needed to promote their businesses, and the look and price point of a magazine that would be successful in our area.

It was important to me to provide a magazine that was both informative and pleasurable. I kept thinking about the fact that musical productions came about when people needed to be uplifted, and that became my goal.

Over the past ten years A Time and A Place has featured stories on new businesses, columns on pets, book reviews and our area history. Along with the nation, we weathered a pandemic. We switched from a printed version to digital. Some familiar content was discontinued, and new columns have been added. We listen to our readers. We value your input and we want to know what you would like to know about.

We have had some ups and downs over these past ten years, but the success of the magazine is due to our writers and our graphic designer. I couldn't ask for better, loyal and more wonderful individuals. They give us their time and talent every month. Most of them have been with the magazine since it began.

They are not employees, but family who really care.

We owe a huge thank you to our advertisers. Many have also been with us since the beginning. Thanks to their support, they allow us to provide A Time and A Place to our readers at no cost.

Last, but certainly not least, a giant thank you to our subscribers and on-line readers. We do it all for you!

And a personal thank you to my family and friends who have supported and encouraged me over the years.



*Our very first cover
featured my
grand-daughter,
Sadie (age 2).
And now here
she is at 12.*



Gretchen

**Gretchen Balcom
Publisher**



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You're Never Alone

by Suzanne M Walsh ©2026

Science is racing to catch up with what the ancients have known for millennia—and what Dr. Craig Lennon, PhD, a clinical psychologist practicing in Catskill, has recognized his entire life: As human beings, we are never truly alone.

"Growing up, it was my grandmother who was my model. She taught me that by being willing to become very quiet and go within ourselves, we can listen to the inner voice of our heart, where something extraordinarily natural happens," Lennon says, beginning the story of how the profound impact she made on him as a child shaped his life and calling.

Lennon was reared in a home where his paternal grandmother, Dorothy Lennon, lived in the family's second-floor apartment. A registered psychiatric nurse who worked at Hudson River Psychiatric Hospital, she made her upstairs home a refuge for a wide range of people in need.

"The mentally ill, the physically and developmentally disabled, unwed pregnant women," he says, describing his youth. "These were the individuals who, because they had no foundation of a home, were marginalized by society. My grandmother indiscriminately provided a sanctuary for these people. She gave them shelter and cared for and supervised them, both medically and physically."

Describing the magnitude of his grandmother's influence on his own life of service, he says, "From a very young age, I was invited to watch, listen and help her. I was awed by experiencing firsthand the unlimited vastness of her kindness. It was by watching her live a daily life of caring for the needy that I experienced the true meaning of the word 'compassion.'"

The compassion embedded in his young mind laid the foundation for the underlying approach of Lennon's clinical psychology practice of more than 35 years. Today, he describes his life's work as helping others cultivate the "Sanctuary of the Heart" as a source of wisdom, inner guidance and peace.

"In the quietness of listening within," he says, "the sudden realization that we are never alone begins to materialize, accompanied by a kind of surety—a 'knowing' that help is always present,

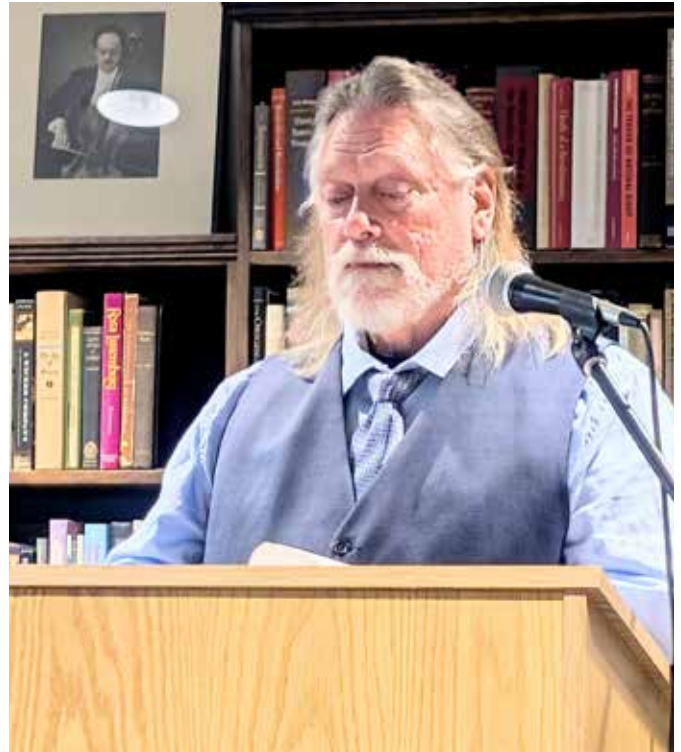


PHOTO CREDIT: SUZANNE M WALSH

Dr. Lennon, writer and poet, at Woodstock Poetry Society meeting in Woodstock NY reading his latest poem of ancient Celtic mythology and the vision of Ireland's early Christian St. Ciaran.

available and accessible. All that is needed on our part to experience this is a willingness to listen to the still, small voice in our heart."

Today, the experience Lennon describes might be called deep meditation, or what artists, athletes, writers and poets have long known as "being in the flow." In India, this same feeling is often identified with the White Tara—the Mother Goddess. In ancient Indigenous cultures, it was traditionally recognized simply as the Great Mother or the Movement of Creation. In Jungian psychology, the same transition into this state of peace and "knowingness" is recognized as the archetypal encounter with the Deep Self within the collective unconscious.

Summing up the enormous influence his unique childhood had on his vocation, Lennon says, "The constant flow of compassion felt throughout my grandmother's home was directly forged by her deeply

continued...

religious background, based on love and service. This became the foundation of my own unshakable 'knowing' that none of us is ever alone when we listen within. The heart is the seat of compassion," he says, "and compassion was the seat of my grandmother's life."

Today, Lennon's psychology practice utilizes a healing method geared toward opening the way of the heart. With a background in Jungian depth psychology, Lennon incorporates this healing through the heart not only into his clinical practice, but also into his public presentations, books, seminars, retreats, poetry and other writings.

The path, or gateway, through the heart is a quiet movement leading into a state of timelessness where creativity flows freely. Today, neuroscientists are intrigued by the existence of this inner state of being. Eager to understand it without involving what they might refer to as some form of New Age folly, they have employed the scientific "reductionist" model of taking something apart to understand how humans access this fluid inner place of peace and

"knowing." Reductionism refers to the theory that a mysterious complexity can be broken down into a basic explanation using the tools of logic.

So far, these neuroscientists have been inclined to "tackle this beast," as one scientist put it, by dismissing communion with the Great Mother—or the heart—as a metaphor humans have used since the dawn of self-awareness to define the experience of creativity, timelessness and universal compassion.

In their quest, neuroscientists focus on the prefrontal cortex—the part of the brain responsible for self-regulation. They have found that during periods of meditation, a neural mechanism automatically slows the usual function of the prefrontal cortex, which, among its many jobs, is involved in overthinking. Quieting the default pattern that dominates mental functioning—overthinking, analysis and so forth—allows other cognitive and emotional resources to be utilized.

In other words, releasing the brain's overthinking
continued...



PHOTO CREDIT: SUZANNE M WALSH

Dr. Lennon, far right, seen here standing next to Catskill Police Sgt. Dietz and additional Catskill Police Officer (far left) at Angelo's Pizzeria in Catskill. Dr. Lennon reached out about meeting with an autistic patient. His request was met with good will and enthusiasm. Pizzeria owner Angelo (standing between officers) treated all to his signature pizza. That story was featured in ATAAP's January 2025 issue.

function frees the mind to explore what takes place below the level of ordinary consciousness: the interior world. Jung described it as our ever-present connection with the ancient intelligence of humanity's collective unconscious. The ancients knew it as the Movement of Creation—the Great Mother.

The neuroscientists' explanation ultimately sounds logical, neuron-wise. However, if their same closed system of logic is reverse-engineered, another plausible question inevitably arises: Who is actually using the metaphor—the ancients or the scientists?

Lennon's approach to psychology has focused on inner work through contemplation as the gateway to the Heart Center, the source of healing accessed within. He has taught troubled children, teenagers and adults how to become reacquainted with the primal source that is always present and available within us as a natural part of being human, regardless of our spiritual leanings—or lack thereof. Lennon describes it as a psychological and spiritual resource that is always accessible within the deep core of every human being.

"The depths of our heart and soul contain the vitality of the primal life force," says Dr. Lennon, a hugely generous man with a rather big heart of his own. "In times of great uncertainty and alienation, the instinct of the deep heart—that is, the soul—rises into our consciousness and calls out for recognition."

"These are the core powers of imagination and the ancient intelligence of humanity's collective unconscious," he says. "The 'efficacy of desire' is a spiritual instinct at the root of our being, mobilizing the deepest longings and movements of our being. Reigniting this power mobilizes hope, restores our ability to be 'strong in our brokenness' and facilitates our receptivity to the voices and movements of our heart. This is the doorway to reorienting us toward hope

and resilience in a world that can sometimes seem very upside down."

Dr. Craig Ciarán Lennon, PhD

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Middletown History Center is Open

First Saturdays through November
778 Cemetery Road, Margaretville

The Middletown History Center, home of the Historical Society of the Town of Middletown, welcomes visitors first Saturdays through November.

Sit by the pond, bring lunch to enjoy at the picnic table, view an exhibit on historic Arkville and check out the genealogical and historical documents in the Nicholas J. Juried Archives. Raffle tickets for a hand-crafted clock can be purchased as well.

The History Center is open the first Saturday of the month through November, or call 845-586-2400 or email historicalsocietyofmiddletown@gmail.com for an appointment.

Assistance is available for those researching genealogy or house history, looking for community or business photos, or seeking other information in the extensive archives.

The History Center's hall is available for event rental. Stop by to check it out. You can also find out about volunteer opportunities.

Oops... We Goofed

The correct name of the sourdough bread bakery located in Conesville, NY mentioned in last month's "Fermentation" article about Eli Moore should have been "LEAVENED", not "LEAVENING". The bakery can be reached at hello@leavenedny.com.

Also, the statement made on page 15 should have been "Fermentation 'creates' energy", (not just 'fuels' it).

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Historic 1848 Claryville One Room Schoolhouse Museum

Open Saturday, August 15 - 1 to 4pm

The historic Claryville One Room Schoolhouse which has been preserved since its closing in 1957, looks much as it did when the school closed. The schoolhouse retains many of its original features, including light fixtures, stove, desks, blackboards, books and items on the walls. Drawings, workbooks and personal items from students who attended the school from the early 1900s through the 1950s are displayed. It is an early rural education time capsule—entering is like taking a step back in time!

Fun, interactive, hands-on games and activities will entertain kids and adults alike in the school's vestibule. Old-fashioned games such as jump ropes, rolling hoops and more are available for play. Admission is by donation. The schoolhouse is located at 946 Claryville Road (adjacent to the Claryville Reformed Church Hall), Claryville.

About the Schoolhouse

The Time and the Valleys Museum, Claryville Reformed Church and the Neversink Association joined together to open this school, made possible by a substantial donation from Vera Curtis Wranovics, a former Claryville resident. Opened from 1848 through 1956, when the school closed it was given to the Claryville Reformed Church by the school district. Everything was left in the schoolhouse, and has remained so throughout the years, maintained by the church and opened periodically for special occasions.

About the Time and the Valleys Museum

Connecting water, people and the Catskills, the Time and the Valleys Museum has three floors of interactive exhibitions, (including the new exhibit *The Great Fear: Frontier Life in the American Revolution*) the 1930s Lost Catskill Farm, a local history research



center and gift shop with fun and educational gifts, books and locally made crafts. The Museum is open weekends Memorial Day to the end of September, noon to pm. and other times by appointment. Located at 332 Main Street in Grahamsville (St. Rt. 55), Sullivan County. Admission for adults is \$10, children under 16 \$5, and children under six are free. For more information call 845 985-7700, e-mail info@timeandthevalleymuseum.org or visit www.timeandthevalleymuseum.org. To schedule a group tour for children or adults, please call 845-985-7700.

About the Neversink Association

The Neversink Association is a non-profit social club that was founded in 1964 to preserve the unique character of the upper Neversink River for fishing and other recreational purposes, to conserve the fauna and flora of the Neversink Valley and to promote an appreciation of nature. New members are always welcomed. To join, please send \$10/individual or \$20/household to The Neversink Association, P.O. Box 134, Claryville, NY 12725. More information on Instagram or Facebook.



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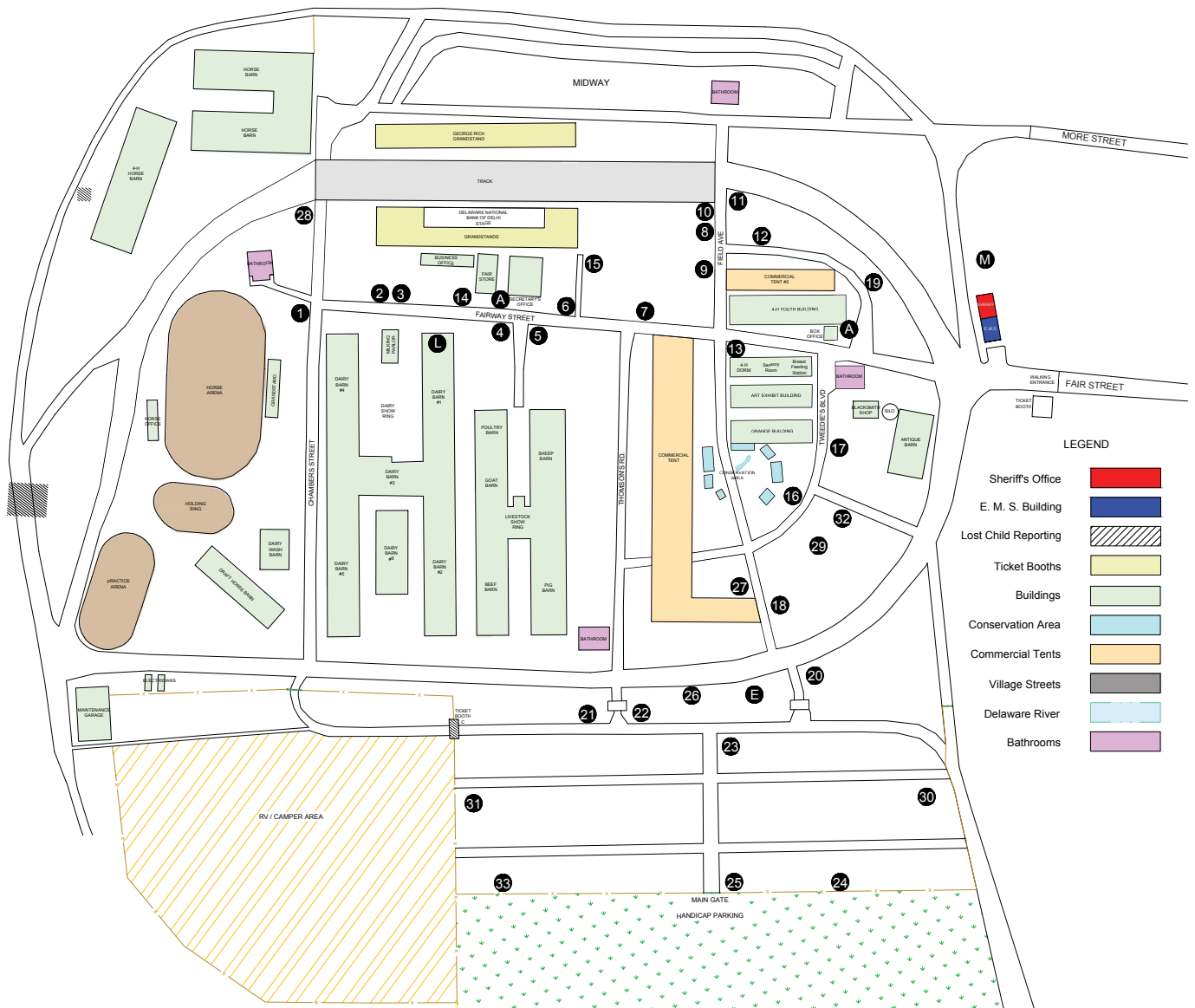
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2026 DELAWARE COUNTY FAIR MAP



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|---|-------------------------------------|-----------------------|
| 1. WANDERING COWBOYS | 14. OFF ROAD MAPLE | 27. GRASSBROOK FARMS |
| 2. GRIFF'S VEGGIES | 15. UNCLE SPUDS | 28. FOWLERS TAFFY |
| 3. GRIFF'S PIZZA | 16. WATERSHED AGRICULTURAL COUNCIL | 29. THE HYPNOTIST |
| 4. PANCAKE TENT | 17. DelCo BREW CREW | 30. HOT DIGGITY DOGS |
| 5. KLINGER POWER SPORTSgf | 18. NYS TROOPERS | 31. CIRCUS INCREDIBLE |
| 6. SCOTTS CHARBROIL | 19. KASOS GREEK FOODS | 32. DAN THE SNAKE MAN |
| 7. WHITES FARM SUPPLY | 20. GUNNERS GRUB (S & S FOOD TRUCK) | 33. DOCK DOGS |
| 8. STEINERS | 21. DOWN UNDER KANGAROOS & MORE | A. ATM |
| 9. SCOTT'S LEMONADE & SMOOTHIES | 22. DIPPIN DOTS | E. ENTERTAINMENT TENT |
| 10. FABULOUS FUNNEL CAKES | 23. SACK O SPUDS | M. MIDWAY OFFICE |
| 11. WALTON VETERANS CLUB - CLAMS & CORN | 24. AJ'S SMOKING BBQ | L. AG AWARENESS |
| 12. GALLOPING HORSE GRAPHICS | 25. J&JR SCOOTER'S | |
| 13. SCOTT'S BAKED POTATO | 26. LITTLE ITALY PIZZA & MORE | |



8th Annual Catskill Sausage and Brew Festival

New Country Music Star
Rollo White Performs

Saturday, August 22 - 1 to 7pm

Town Park, 101 Maple Ave, Hobart

RAIN OR SHINE

Admission is always FREE

www.sausageandbrewfestival.com

Country music's newest star, Rollo White, will make his first Catskill Mountain region appearance at the Hobart Sausage & Brew Festival, performing at 5:30pm.

White's debut album, Highway 81 Revisited, has earned outstanding reviews throughout the country and Americana music scene. Pure Country author Eddie Dean named it "one of the best Americana albums of the year," while The Alternate Root Magazine praised White as "an A-list songwriter." The album has also been recognized by Bandcamp Daily as one of the year's best country releases.

The festival's musical lineup also includes five-time Grammy Award winner Joe Ferla leading the '60s-inspired rhythm-and-groove band The Fisher Cats at 3:30 p.m. The 16-piece Leatherstocking Big Band Jazz Orchestra returns by popular demand at 1:30 p.m. DJ KDC will keep the music and dancing going between performances.

In addition to live entertainment, festivalgoers can enjoy locally produced sausages, farm-fresh vegetables and a wide selection of Catskill craft beers. Vegetarian options will also be available. Founded in 2019, the Sausage & Brew Festival celebrates Delaware County's family farms, sustainable agriculture and exceptional local food products.

The family-friendly festivities include hayrides, a bounce house, face painting, hula-hooping, jump ropes, cornhole, games, creative vendors and a 50-



50 raffle. Relax under the big tent or bring a blanket and picnic on the grass.

The festival attracts approximately 1,000 visitors each year. While in Hobart, explore the village's seven independent bookstores, distinctive shops, restaurants and local history. The Hobart Historical Society offers a self-guided walking tour, and the MURAL Art Gallery will open an extensive exhibit of historical works by Anna Carroll and village shops will be open from 11am to 5pm.

Volunteers and vendors are welcome. For more information, visit www.HobartRotary.com/festival.

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Old Franklin Day Is Happening

Shop local, party with the bands,
take in vintage base ball and have fun!
Saturday, August 29 - from 9 am to 3 pm
Institute Street off Main Street

Get ready to party on Old Franklin Day!

Franklin's traditional summerfest features 2 popular local bands, kids' activities, a free pancake breakfast, an array of great food, St. Paul's famous pie sale and local artisans and crafters.

New this year, take in a vintage base ball game or dunk your favorite people in the dunk tank! There's a Franklin Central School all-class reunion after the event, as well.

"Come one, come all to Old Franklin Day and join the fun!", said Connie Martin, Old Franklin Day Coordinator. "We had a big crowd at the festival last year, and we are looking forward to another great time this year".

John Wilson, Old Franklin Day Coordinator, said, "Old Franklin Day is a longstanding Village tradition, dating back to at least 1979. Whether you want to shop, eat, play, dance, watch vintage base ball, learn more about the community, or just meet up with friends, we have it for you."

Here are a dozen good reasons to mark your calendars for Saturday, August 29th from 9 am to 3 pm for Old Franklin Day!

1. Start the Day with a Free Pancake Breakfast!

The Community Bible Church at 89 Center Street has the welcome mat out on Old Franklin Day with its annual free pancake breakfast starting at 7 am! Thirsty later? They'll have free root beer floats for you in the afternoon, too!

2. Shop Local. Finished breakfast at the church? Old Franklin Day festivities are just a short 2-block walk away! We have close to 50 local artisans, vendors, performers and community organizations participating. Shop 'til you drop for vintage items, artwork, artisanal glass, hand-thrown functional pottery, woodcraft, home décor, handcrafted items, jewelry, accessories and more. Delicious locally made maple syrup products, jams, handcrafted chocolates and other treats will be available for sale.

3. Party with the Bands

Ready to boogie? Thanks to the generous sponsorship of the Tom Morgan and Erna Morgan McReynolds Charitable Foundation, there will be great live music:

- The Dirt Road Express Band will entertain you with country western and rock favorites from 10 am to noon.

- Back by demand, Off the Record Band will be performing rock and country classics from 1 to 3pm.



4. Vintage Base Ball Game on Franklin Central School Sports Field!

Come one, come all to see the Polecats aka the Hamden 9 play against the Kingston Guards in an unforgettable vintage base ball game, beginning at 12 noon on the Franklin Central School lowerlevel sports field!



5. Kids' Play Activities PLUS A Dunk Tank!

In addition to our popular Bounce House, face painting, balloon art, glitter tattoos, and games for
continued...

the kids, we will have a dunk tank this year! Locals and surrounding community residents will have the opportunity to dunk Delaware County Sheriff Craig DuMond, Undersheriff Kim Smith, State Senator Peter Oberacker, Assemblyman Chris Tague, Franklin Fire Chief Tom Worden, Franklin Mayor Hanna VanDeusen, Franklin Central School Principal Michael Ames, and FCS teacher Allecia Lang. Proceeds from the dunk tank go to the Franklin Recreation Commission, which runs the Franklin Community Pool and children's sports, including T-Ball, slow pitch baseball and soccer. Funds raised will help fund a new pool liner and other pool amenities.

6. Get Yum Eats. You won't go hungry at our food court in the Fire Department lot on Main Street. Ty's Taco-Ria will be on site with a choice of scrumptious menu items. Gunner's Grub (formerly the S&S Food Truck) will have their famous Philly Cheese Steak sandwiches, burgers, hot dogs, mile high fries and more. AJ's Smokin' BBQ will have ribs, pulled pork, brisket and sides. Catskill Momos will have an array of delicious Asian dumplings. The American Legion will be selling their famous barbecued chicken halves. Wash it down with awesome concoctions from Ye Olde Bubble Tea and More or a brewski from the Bittersweet Farm Brewery truck. The Open Doors Methodist Church is cooking up their signature hot dogs. The Tulip and the Rose restaurant on Main Street will be open. Good Taste Epicurean Market & Wine and Liquor Shop at 438 Main Street is hosting a complimentary wine and cheese tasting. There is seating at the Fire Department lot, in the Legion hall, on the King's Café grounds and in front of Franklin Stage Company and Franklin Central School. Enjoy a great lunch or snack on site or get your goodies to go!

7. Come Early to St. Paul's Famous Pie Sale

The pie bakers at St. Paul's Episcopal Church will be baking homemade apple, cherry, blueberry, peach, strawberry rhubarb and much more for the traditional pie sale fundraiser, which starts under the big tent on the church lawn at 9 am. Pull



Take your best shot! FCS teacher Allecia Lang (left), State Senator Peter Oberacker (red shirt) and Assemblyman Chris Tague (blue shirt) will take the plunge in the dunk tank for a good cause.

up a chair, greet friends and neighbors and have a slice with a cuppa joe! Grab some pies to take home for the weekend. Last year, the St. Paul's pie bakers baked and sold over 250 pies. Go early -- pies sell out quickly!

8. Learn More About Community Organizations

Visit the Franklin Rotary Club table to learn more about Rotary's youth exchange and leadership, educational and environmental programs and how you can get involved. Learn more about the Franklin Community Education Foundation's programs over homemade lemonade. The National Alliance on Mental Illness (NAMI), the Delaware County Department of Social Services and the Greater Franklin Food Pantry will have information on community programs and resources. The Delaware County Senior Council will have a quilt raffle. The Ouleout Valley Cemetery will be fundraising with T-shirt sales and other items. Check out the Girls Scouts and Western Catskills Indivisible to learn more about their community activities.

9. Don't Miss the Library Book Sale. The Franklin Free Library on Main Street is having a book sale – a great opportunity to bag your summer and fall reads!

10. Get Deals at Town-Wide Lawn Sales. Don't miss the town-wide lawn sales – you may find the deal of a lifetime! Maps will be available on Facebook and at the event.

11. Walk Around the Village. Get your steps in. The Village of Franklin is on the National Register
continued...

of Historic Places, with many lovely homes from the Victorian and Edwardian eras and 3 beautiful churches. Take a stroll in the Village to enjoy the architecture and visit our local shops. The Franklin Railroad and Community Museum will be open with historical exhibits and activities in their parking lot.

12. Franklin Central School All-Class Reunion

Franklin Central School alumni from any graduating year, along with guests, are invited to party under the tent on the St. Paul's Church lawn from 4 to 8pm. Enjoy a delicious reunion dinner and catch up with classmates! BYOB on premises. Contact kljohns@citlink.net or 607-434-7120 to reserve by mid-August.

A Big Thank You to Our Old Franklin Day Sponsors

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Contact Connie Martin at candjmartin@fastmail.com or 201-414-1684 with any questions. Watch Facebook and franklinny.org/ofd26 for updates.

HERE'S A TIP

"When I needed a new tire for my truck because I ran over a nail, the shop guy suggested I purchase a slightly used tire that was closer to the age and wear of the others. I spent less on the tire, and the tires will wear evenly. They're always looking out for me!" -- O.E. in Mississippi

When baby's teething, try this trick from a grandma: Wet a washcloth and put it in a zip-top baggie in the freezer. When frozen, let the baby chew on it. Its texture and temperature are soothing to little gums, and it can be rinsed and refrozen easily.

For fresh oil stains, sprinkle with kitty litter and grind into the oil with your foot or a stiff brush. Then sweep up. Repeat as necessary.

When you're painting and need to tape down a dropcloth, no need to get on your hands and knees. Attached your clean, dry paint roller to an extension pole, slip a roll of wide masking tape onto the roller, secure the tape to the floor and roll the tape along the edge of the dropcloth. Here's a demonstration: <https://www.youtube.com/shorts/dZCer66zcl8>

"Hardware stores sell special bladders that can be filled and put inside a toilet tank to take up space, allowing the toilet to use less water per flush. I use a brick. Same effect." -- C.L. in Kansas

"Dusting shelves with lots of knickknacks can be a real chore. Try slipping a knee-high stocking over the hose of your vacuum wand. You can get very close to the items on the shelf without sucking anything up but dust. If something did get sucked up, the stocking will catch it for you. This also works for toolboxes." -- W.U. in South Carolina

"Over-the-door shoe racks are perfect for holding a variety of cleaning products and small canisters of wipes. I have everything I need at a glance on the back of the utility-room door. I even store batteries in various sizes there." -- A.A. in Colorado
Spraying WD40 around your windows and doors keeps away spiders and many other unwanted pests.



***An Afternoon of Fun
for Families and Friends***
Family Collaborative Canvas

Saturday, August 29, 2026, 1–3pm

The Headwaters Arts Center
66 Main Street, Stamford, NY

www.roxburyartsgroup.org



This collaborative workshop encourages family and friends to work together to create a unique piece of art on a large 36" x 36" canvas. An excellent activity to commemorate a special event or for just a fun day out, this creative experience will help participants make memories while they make art.

Participants will take inspiration from color, materials, and shared experiences as they work together to create a large mixed media artwork, with no goal in mind other than to enjoy the experience.

Canvas, paint, ink, collage, sequins, stitching, pastels, and much more will be provided, and staff will be on hand for guidance. Participants are encouraged to bring personal elements to collage or sew onto the collaborative masterpiece.

No experience is necessary; this creative experience is simply a way to let go and have fun with loved ones. Despite their level of experience, participants may find that they make beautiful things when they work together and enjoy the process.

The workshop is offered with tiered pricing at \$25 | \$45 | \$75 per group. Tiered pricing is a pricing structure that allows folks to select the price point that aligns with their current financial situation and also supports the health and sustainability of the Roxbury Arts Group. Tier 2 represents the actual cost of the workshop, while tier 3 makes it possible for RAG to make programming more widely accessible at the tier 1 price.

For more information and to register, visit www.roxburyartsgroup.org/workshops/family-collaborative-canvas

This workshop is sponsored by Dubben Gas Service. All programs offered by the Roxbury Arts Group are supported by the New York State Council on the Arts with the support of the Office of the Governor and the NYS Legislature, the A. Lindsay and Olive B. O'Connor Foundation, the Robinson Broadhurst Foundation, The Community Foundation for South Central New York, the Tianaderrah Foundation, The Delaware National Bank of Delhi, and individual supporters.



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Dan Rion Memorial Antique Engine Jamboree

September 12- 13 from 10am to 4pm

Join Hanford Mills Museum for two days of historic engine demonstrations, delicious food and fun!

The museum will feature exhibitors of historic engines, doodlebugs, motors, and other machines as they display their collections. Hanford Mills staff and volunteers will also display and demonstrate some of the historic engines and machinery in their own collection.

A variety of local vendors and artisans will be on-site and Helen's Little Kitchen food truck will be vending breakfast and lunch. There will be live music on both days, as well as children's activities happening at the Mill's Learning Lab.

Hanford Mills is located at 51 County Highway 12 in East Meredith, at the intersection of Delaware County Routes 10 & 12, just 10 miles from Oneonta, and 15 miles from Delhi. For more information, visit www.hanfordmills.org, their social media outlets, or call 607-278-5744.

About Hanford Mills Museum

Experience a story of innovation, ingenuity and entrepreneurship at a historic working mill site. Sheltered in a valley in the northwestern Catskills of New York, Hanford Mills Museum offers insights into the past and lessons about the relationships between people, the things they make, and the places they live. As one of only a handful of operating water-powered mills, the museum has earned a place on both the National and NYS Registers of Historic Places.

Applications for exhibitors on both days are still being accepted. If you are interested in exhibiting at this event, please check the event webpage at www.hanfordmills.org or contact Justin Maroney at justin@hanfordmills.org or 607-278-5744.



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SAVE THE DATE for the Last Dog Days of Summer Fest

Saturday, September 19 - 11am to 3pm
River Rock Farm in Delhi
739 County Road 18

Celebrate the final days of summer with delicious barbecue, live music and plenty of activities for the entire family—including four-legged family members!

The Last Dog Days of Summer Fest will be held on the picturesque grounds of River Rock Farm in Delhi. This family- and dog-friendly fundraiser will feature entertainment, demonstrations, shopping, raffles and activities for all ages.

On the Lawn: Barbecue and beverages, live music by Dos Amigos, a bake sale, "Follow the Nose" live canine scent-detection demonstration, and a canine carting demonstration.

In the Barn: Art, pottery and jewelry sale featuring lots of new items, Beastie Boutique, themed basket raffles, and raffles for two sets of handmade Adirondack chairs with footrests

In the Garden: Friends of the Feathered & Furry Wildlife Center educational tent, cornhole,



Pet portraits by KP Photography, and a children's scavenger hunt

Arts & Crafts Tent: Fun arts and crafts for children, dog-friendly crafts and activities, visits with shelter cats and kittens, Wolf Mountain Nature Center display and discussion with a center animal caretaker

Come for the barbecue, music and fun—and take time to stroll the beautiful grounds of River Rock Farm. We hope to see you there!

Yes!!! There will be a **DUNK TANK** at Old Franklin Day 2026!

Ever wanted to dunk one of your neighbors? Now is your chance!

Saturday, August 29th from 10am - 2pm at Old Franklin Day!

Pick the person you want to dunk most! Who's sitting and when?

10am: Assemblyman Chris Tague

10:30am: Mayor Hanna VanDeusen

11am: Sheriff Craig Dumond

11:30am: Fire Chief Tom Worden

12pm: Undersheriff Kim Smith

12:30pm Senator Peter Oberacker

1pm: Principal Mike Ames

1:30pm: Coach Allecia Laing



Don't think your throwing arm will ensure a dunk? There will be an "instant dunk" option too! All proceeds will benefit Franklin Recreation programs and there will be a 50/50 raffle too!

Pet Me Please!

Heart of the Catskills
Humane Society



The Perfect Time to Open Your Heart

August in the Catskills offers plenty to enjoy: long evenings, wooded trails, quiet mornings on the porch and just enough summer left for one more adventure. It can also be the perfect time to welcome a new dog or cat into your life.

Adopting near the end of summer gives many families an opportunity to help a new pet settle in before the pace of fall begins. Dogs can become familiar with their neighborhood through leisurely walks, while cats can explore their new indoor surroundings at their own speed. The key is patience. A shelter pet may need several days—or even several weeks—to feel secure, understand a new routine and reveal his or her true personality.

Before adopting, think honestly about your household and lifestyle. Are you hoping for a trail companion, a couch cuddler or an independent feline friend? Do you have other pets, children or frequent visitors? Shelter staff spend time getting to know the animals in their care and can help identify a pet whose temperament and needs fit your home. Sometimes the animal you connect with is not the one you expected—and those unexpected matches can be the best of all.

If you do bring home a new companion this August, remember that late-summer heat still requires caution. Plan dog walks for the cooler morning or evening hours, provide plenty of fresh water and shade, and never leave a pet inside a parked vehicle. Pavement can also become dangerously hot for sensitive paws. After walks through tall grass or wooded areas, check dogs—and adventurous cats—for ticks, particularly around the ears, neck, legs and between the toes.

Cats should be kept safely indoors, where they are protected from traffic, predators, parasites and

other hazards. A window perch, scratching post, toys and a few short play sessions each day can provide plenty of enrichment. For dogs, sniffing games, puzzle toys and relaxed training sessions offer valuable mental exercise when the afternoon is too warm for strenuous activity.

Not ready to adopt? You can still make an enormous difference. Heart of the Catskills Humane Society often needs foster homes, including temporary care for mother cats with kittens and shy adult cats who benefit from time in a quiet home. Volunteering, donating supplies or funds, shopping at Gifts from the Heart, or simply sharing an adoptable pet's information may help that animal reach the right person.

Every adoption begins with a visit, but it becomes something much bigger: a second chance for an animal and a new chapter for a family. Before summer slips away, consider opening your home—and your heart—to a Catskills pet waiting to be loved.

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Maplewood Farm & Orchard Opens Its Kitchens

Picnic Lunch in the Orchard

by Mary A. Crisafulli



Owner Karen LaFever showcasing one of the picnic baskets visitors could receive their packed lunch in to bring up to the apple orchard.

BOVINA CENTER - As a new season approaches, owners Duane and Karen LaFever are excited to expand offerings at Maplewood Farm & Orchard.

The farm, which focuses on U-pick apples and pumpkins and maple syrup production, is located at 596 Miller Avenue, Bovina Center.

The LaFever's purchased the property in 1999. The 104-acre plot was long-forgotten family land. Duane's third-great-grandfather, William Miller, started farming there in 1832. Miller leased the land until he was able to purchase it for \$575 in 1959. Unfortunately, the property was out of the family from 1973 until the LaFever's made an offer. Since purchasing, the couple

has continued to expand into new areas of farming, beginning with maple syrup. The trees produced around 610 gallons this past season, Karen said. Today, the farm is home to over 400 apple trees, a small pumpkin patch, and a play western town often featuring live farm animals.

"You chat, and you talk, and it's just therapy," Karen mused regarding the gem mining game offered back at the barn.

Apple varieties available for picking include Brookfield Gala, Macoun, Honeycrisp, Rubymac, Crimson Crisp, Sweet 16, Freedom, Liberty, Ida Red, *continued...*

Snappy Mac, Early Mac, Regent, Cortland, Red Delicious, Prairie Spy, and Northern Spy. The pumpkin patch, which is a pleasant hayride away, offers a number of pumpkins for carving, decorating, and baking, along with some squash varieties.

This year, visitors will be impressed to find that the venue will open a newly constructed kitchen and dining area. Historically, Karen has prepared and sold various maple products, cider donuts, and other baked goods. Now she will be able to expand such offerings and provide lunch options including pulled pork, mac & cheese, and hot dogs. But Karen, being the creative type, didn't stop at lunch. Visitors can dine among the apple trees with food delicately wrapped in a picnic basket just for them.

"Last year I said that would be nice (to have picnic offerings) because I keep my orchard like a park," Karen noted.

The whole idea is heartwarming and cozy; imagine young families or a couple on a first date enjoying a fall day on a picnic blanket— "The Wind in the Willows" English Countryside right here in Delaware County.

Plans for the future include permitting catch-and-release fishing on the small pond located on the way to the pumpkin patch. To do so, Karen said they would need an employee to monitor. More plans for the dining area include adding a coffee bar and indoor bathrooms.

Apple and pumpkin season opens weekends from Sept. 12 until Oct. 12 from 10am until 4pm. For more information, visit www.maplewoodfarmny.com.

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Dog Days – Remembered

by Lloyd Barnhart

Dog days are here. . . .

Hottest time of the year, they say.

The heat and humidity can be miserable,
Especially for those who toil out in the sun.

But for boys, dogs and old men,
Dog days of the past were not only tolerable,
but special:

Country boys sought out cool mountain brooks
To wade. . . build dams. . . catch fish and frogs,
And the dogs would join them.

Other times, dogs sought shade and cool dirt
Under a porch or in a crawl space
under a shed or a barn,
And the boys would join them.

Old men would move their loafers' bench
To the shady side of the general store.

On hot afternoons, they'd head
for the sun-warmed river
To wade wet and fish for smallmouth bass.
Boys and dogs would go along with them.

I remember those dog days fondly
As my life circle is closing;
I'm now an old man. . . a Grandpa.

Dog days are upon us once again;
It's hot. . . the river is low and warm.

I think I'll gather up the boys
And go fishing!

Hobart Rotary Sausage & Brew Festival - 2026



Saturday **1-7**
Aug 22 **pm**

Town Park, 101 Maple Ave, Hobart NY

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Leatherstocking Jazz Ensemble

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more info: hobartrotary.com/festival

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- Art, Pottery & Jewelry Sale
- Basket & Adirondack Chair Raffles
- Ask the Vet: Pet Emergency Tips
- Pet Portraits • Cornhole
- Kids' Activities & Scavenger Hunt
- Shelter Cats & Kittens
- Wildlife Education Displays

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Designed for Living

Nappi Tile and Marble Helps Homeowners Create Beautiful, Functional Spaces That Feel Like Home

What began with a garage full of tile samples has grown into a thriving showroom offering tile, flooring and comprehensive interior design services.

The story began in 2001, when JoAnne and Tom Nappi, acquired a large collection of samples from tile vendors looking for someone to represent their products. One day, Tom came home and announced that he had found a small building for rent.

"When I reminded him that I didn't know very much about tile, his response was simple: 'You'll be fine!'" JoAnne recalls.

With Tom's installation experience and JoAnne's background in business management, the couple decided to take a chance. They hoped the venture would help support their growing family, but it soon became much more.

Their first major test came only two months after opening, when the September 11 attacks created uncertainty across the country. Like many new business owners, JoAnne and Tom had no idea how the tragedy would affect the local economy, their suppliers or their fledgling company. They persevered, steadily building a reputation for quality products, expert installation and attentive service.

Over time, word spread. The company began taking on larger projects, including complete bathroom renovations rather than tile installation alone. JoAnne soon recognized that customers wanted the convenience of making all their decisions in one place instead of visiting separate suppliers for tile, plumbing fixtures, vanities and other materials.

Determined to provide knowledgeable guidance as well as products, she pursued her interior design certification.

"Becoming comfortable and knowledgeable about tile helped me transition naturally into interior design," she says. "I was already helping customers with paint colors, color combinations, vanities and plumbing fixtures."

Today, tile remains the company's bread and



butter, but its expanded design services allow JoAnne and her team to bring an entire room together. Customers can select tile, flooring, paint, plumbing, vanities, countertops and lighting fixtures in one place, saving considerable time and energy.

"Anyone can sell a box of tile, but a designer understands pattern, color, texture and the overall effect created when everything comes together," JoAnne explains.

She focuses primarily on kitchens and bathrooms because of the important roles those rooms play in daily life. Kitchens are gathering places where families share meals, stories, dreams and disappointments. Bathrooms offer privacy and restoration—a place to begin the day or wash away its stresses.

"These are emotional rooms," she says. "I want to help make them comfortable, beautiful and functional."

JoAnne's design process begins with a questionnaire that explores each client's needs, expectations, preferences and anticipated investment range. The goal is not to encourage clients to spend more, but to narrow the choices to products that fit both their vision and their comfort level. This approach saves time, reduces disappointment and makes what can otherwise be an overwhelming process feel manageable.

Her philosophy is centered on listening. Although she may immediately recognize a room's potential, she believes the client's vision matters most.

"My job is to understand my client's vision and create a design inspired by what we see in the home and what we imagine is possible for the space," she says. "There is never just one right answer."

She also encourages homeowners to design for themselves—not for an unknown future buyer.

"Your home should feel like yours," she says. "It should reflect you, not the next owner."

Communication continues throughout every project, with weekly telephone check-ins or jobsite visits. Staying involved allows JoAnne to identify potential issues before they become difficult or impossible to correct. It also reassures clients that their project remains a priority, even when she is not physically onsite.

No two homes—or homeowners—are alike, which is precisely what JoAnne enjoys about her work. She does not identify one project as her favorite. Instead, she remembers the projects in which thoughtful design made a meaningful difference, whether that meant maximizing a small space, helping clients make

decisions with confidence or combining materials in a way they had never imagined.

JoAnne is especially excited to see bold colors returning to kitchens and bathrooms. Deep jewel tones and unexpected textures can add warmth and personality without overwhelming a space. By attending trade shows and meeting regularly with vendors, she and her team remain informed about emerging products, colors and design possibilities.

Looking ahead, JoAnne hopes to expand beyond traditional kitchen and bathroom design by helping clients create homes that support their overall well-being. Her interests include personal wellness spaces featuring infrared saunas, steam showers, hot tubs and other spa-inspired amenities. She also plans to incorporate more biophilic design principles, using natural materials, organic textures, plants and daylight to create restorative environments.

"Our homes should do more than provide shelter," she says. "They should be places where we can relax, recharge and care for ourselves."

After more than two decades in the industry, JoAnne's enthusiasm continues to come from listening to her clients and helping them turn their ideas into reality. Every homeowner brings a different story, style and set of priorities, keeping each project fresh and interesting.

Her journey has also taught her the value of authenticity—in design, in business and in life. Her advice to other women is not to let age or previous experience convince them that an opportunity has passed.

She says. "Clients don't expect you to know everything. They expect you to be honest, listen well and genuinely care about helping them."

For JoAnne, the best interiors are not simply about following the latest trends. They are about creating

comfortable, beautiful spaces that reflect the people who live in them—and allow them to feel completely at home.



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LEVEL UP TECH TALK

by CJ Karcher

Owner & Systems Administrator

Level Up Tech Support

I,ROBOT, The Reality

I, Robot, the now 22-year-old film starring Will Smith was a science-fiction movie—or was it merely a prediction of the future?

As an 18-year-old aspiring computer technician, I watched *I, Robot* and thought, “Probably never in my lifetime.” The movie is set in Chicago in 2035. That’s only nine years from now. According to Forbes, “By 2035, forecasters like Morgan Stanley estimate that millions of humanoid robots will work alongside humans in commercial sectors.”

If you haven’t seen it on the news or online, China recently held its first-ever humanoid robot combat event. The robots all had identical hardware, but each team was responsible for its robot’s programming and AI. The most notable fight was one in which a robot decapitated its opponent. It really puts our technological advancements into perspective.

Twenty-two years ago, this was indeed science fiction. CD players were standard equipment in cars, MP3 players were becoming popular, and self-driving cars were experimental. I remember seeing the first DARPA Grand Challenge, held on March 13, 2004, in the Mojave Desert. Fifteen robotic vehicles attempted to complete a 142-mile off-road course. None finished, and the farthest any vehicle traveled was 7.32 miles before it caught fire.

Smartphones weren’t even a thing yet. Now, some cities have driverless taxi services, and several manufacturers offer cars with some form of autopilot mode. We can do almost anything from a cell phone.

Most kids today don’t even know what a CD or MP3 player is. We have drones and robots delivering food and other goods to our homes.

It had been a while since I watched *I, Robot* from start to finish, so I did just that the other day. I wanted to compare the movie’s technology with what we have now—and what is predicted to arrive in less than 10 years.

Humanoid robots: ✓

Self-driving cars: ✓

Will Smith: ✓

Advanced AI technology: ✓

Spray-on skin for your robotic arm: ✓

continued...



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Well... not like the one in the movie, but “primitive” versions are currently available.

The year 2035 is only nine years away. During the past two years alone, we have seen huge advancements in AI and robotics. I can only predict that things will be very different a decade from now.

In the movie, all robots are programmed to follow three laws:

First Law: A robot may not injure a human being or, through inaction, allow a human being to come to harm.

Second Law: A robot must obey orders given by humans, except when those orders conflict with the First Law.

Third Law: A robot must protect its own existence, as long as that protection does not conflict with the First or Second Law.

In short, the robots’ AI determines that humans are the greatest threat to themselves, so the robots take over. Like many science-fiction movies, it becomes robots and AI versus humans.

Wars and conflicts are nothing new to the human race. However, we are creating technology that could surpass our intelligence and combining it with machinery that is stronger than we are. I may be going full conspiracy theorist with this one—but am I, really? It’s already happening. There is a lot to think about, and only the future will tell.

What effects will humanoid robots and AI have on future jobs? AI is already taking over some work performed by web designers and graphic designers. It can create music and write business contracts in seconds.

The future has yet to be written. Conspiracy or not, the reality is that technology is evolving rapidly. Humans have adapted as technology has changed. The question is: Will we eventually reach the limit of our ability to adapt?

“AI doesn’t replace people.
People who use AI
replace people who don’t.”

— Andrew Ng

Famous computer scientist and AI technology leader who helped start Google Brain and teaches at Stanford University.

STRANGE BUT TRUE

by Lucie Winborne

Masculine features are more attractive to a woman during her ovulation cycle, while softer, nurturing-looking features are preferred at other times.

NBC’s “Saturday Night Live” has won more Emmys than any other TV show.

The verb “lynch” is generally believed to have originated with Virginia landowner Charles Lynch, who during the American Revolution conducted unauthorized trials and punishments outside the formal court system.

According to Greek mythology, the Milky Way formed when the goddess Hera spilled milk across the night sky.

The irresistible desire to steal books is known as bibliokleptomania.

In the popular 18th-century “Flying Boy” experiment, English scientist Stephen Gray harmlessly electrified a boy suspended by silk cords, astonishing audiences as the boy’s hair stood on end and sparks flew from his nose.

Multiplication tables are also called the “Table of Pythagoras,” after the Ionian Greek philosopher and mathematician.

Chewbacca’s voice in “Star Wars” was created by mixing the sounds of bears, lions, walruses and badgers.

The University of Bologna, Italy, which was founded in 1088, is the oldest university in Europe. The term “university” was coined at its creation and it is still considered a leader in European university systems. Its notable alumni include Pope Innocent IX and Copernicus.

The first acoustic guitars made hundreds of years ago had four, as opposed to six, strings.

Doctors leave sponges and other medical devices inside of their patients about 6,000 times a year.

Some critics theorize that zombies gnaw on humans because their warm flesh may have to do with a virus needing fresh DNA or some parasitic microorganism that receives a form of nourishment from live blood cells.

KITCHEN CHEETAH

Maybe a leopard can't change its spots, but The Kitchen Cheetah can

MARGARETVILLE — Over the course of a dozen years, The Kitchen Cheetah in Margaretville has continued to evolve, transforming its focus in exciting directions.

Jessica Olenych and her husband, Jake, purchased Home Goods of Margaretville in 2014. In the early years, they carried on the store's roots of primarily offering kitchen equipment and home décor. As they grew the business, the owners began putting their personal stamp on the shop, including a name change.

When the pandemic struck in 2020, the couple wanted to keep the doors open as an "essential" business. While this international health crisis turned much of the world upside down, Jessica used the opportunity to implement her long held goal of adding groceries to her shop. The move to become a food purveyor allowed the shop to stay open during this unique period of pandemic uncertainty.

More importantly, this transition proved to be the first step in a journey on a new path. The addition of local meats, dairy products, and produce began the pivot. The store also features a huge assortment of interesting candy selections and locally made ice cream. Complementing the growing focus on regional products, Kitchen Cheetah has also become a go-to spot to discover an interesting array of hard-to-find international foods, all while still providing a wide assortment of cooking and gift items.

The shift to becoming a small, but very well-stocked grocery was an immediate hit and has



The Kitchen Cheetah in Margaretville has recently added a kitchen and offers prepared meals, along with assorted baked goods. Owner Jessica Olenych is pictured in the new kitchen, which also features local produce, meats, cheeses, bread, and more. The shop also offers kitchen and gift items. Catering for pickup is another new service. Open seven days.

garnered a steady increase in loyal customers, as well as visiting shoppers.

Jessica's vision, however, didn't end there. Late last year, a kitchen installation was completed, and Judson Winland joined the staff as chef. Bringing his finely honed culinary talents to his new post, Judson creates an assortment of prepared meals. From staples such as mac-and-cheese to polenta with shrimp, there's always something new on the menu. The meals, along with a variety of soups, are provided in takeout containers and come complete with heating instructions. Making meals at home has never been easier.

In another natural transition, the store has launched a catering service. Customers supply
continued...

their food preferences and the number of guests to be served, and the Kitchen Cheetah crew will have everything ready for pickup, making party meals a breeze for hosts.

Judson and Jessica, along with her mom Carmel, also utilize the kitchen to whip up assorted baked goods, including the store's popular signature "Flood Mud" cookies.

The other key ingredient at The Kitchen Cheetah is the knowledgeable, friendly staff. A true team, the employees are always willing to go the extra mile to provide excellent customer service.

The Kitchen Cheetah

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The Secrets We Hide by Karin Slaughter
They Say a Girl Died Here by Sarah Pinborough
Heart of Glass by Jennifer Hillier
The Woman in White by Sarah Pekkanen
Backtrack by Marc Cameron
The Blue Flame by George Pelecanos
Under the Falls by Richard Russo
My Sister is Going to Kill Me by Nina Simon
The Unknown by Riley Sager
Murder - Or Betray Each Other by Gillian McAllister
The Shadow Friends by Tess Gerritsen
Deceptions by Jeffery Deaver
Not a Word by Linwood Barclay
The Amateur by Chris Bohjalian
The Castle in the Glen by Rhys Bowen
You'll Be Sorry by Lisa Gardner

NON-FICTION

Things We Found in the Ground by Ellie Bruce
The Everest Mystery by Julie Summers
Exhumed by Aaron Mahnke

LARGE PRINT

Delusional by James Patterson
Big Little Truths by Lianne Moriarty
Seabreeze Garden by Jan Moran
Not a Word by Linwood Barclay

AUGUST Events

FAIRY TAXIDERMY!

Friday, August 14 from 3:30 to 4:30pm Get creative with a fairy skeleton on. There will be wings, and moss, and other things. Family event, but due to hot glue we suggest 10+. **Please sign up for Fairy Taxidermy!** 845-586-3791 or email director@fairviewlibrary.org.

FREE PAINT & SIP

PAINT WITH A DARK ACADEMIA FLAIR!

Friday August 21 from 5-7pm

All skill levels welcome. Library staff will guide attendees step-by-step through creating an individual piece. BYOB. Space is limited! Sign up at 845-586-3791 or director@fairviewlibrary.org.

FIBER ARTS CLUB

Saturday July 25 from 10 to 12pm

Work on your own fiber arts (knit, crochet, embroider, sew, etc) and meet other makers. All are welcome - beginner to expert. No formal instruction but we will help if we can.

FPL BOOK CLUB Next meeting

Thursday August 20 *Cranes Fly South* by Lisa Ridzen. Contact the library director at 845-586-3791 or email director@fairviewlibrary.org for the Zoom link.

MAH JONGG every Friday 1 to 4pm

Crafts with Miss Cherie

Video instructions will be posted on Facebook on the dates indicated below. Craft components available in the library at least 48 hours before the demo.

TO GO CRAFT:

Available August 6 - Paint Your Book Bag

Simple crafts will always be available in the children's room. These can be done any time during open hours using the directions and sample provided. Adult supervision is required.

SELF-GUIDED CHILDREN'S CRAFT

August 14 - Farm Sticker Scene

August 28 - Ocean Sand Art



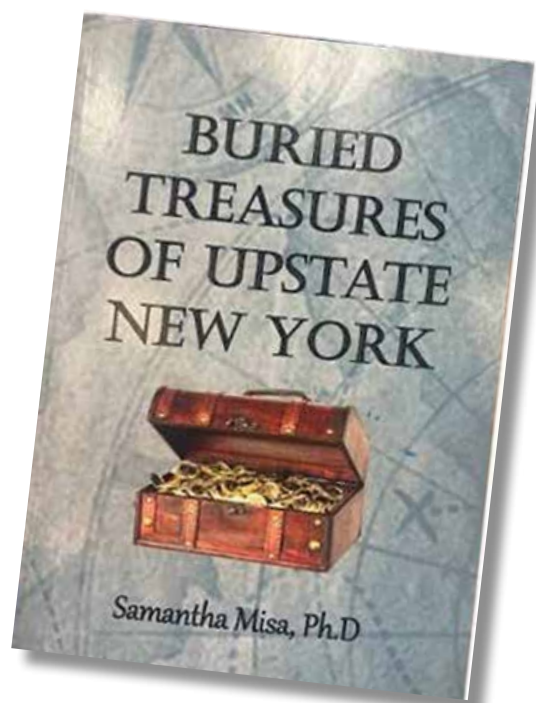
Buried Treasures of Upstate New York

Referring to wealth and riches, it's been said, "You can't take it with you," first attributed to the bible and then a stage play and movie sharing the same title. That hasn't stopped people from trying. History is full of misguided souls being buried with their treasure, and also of optimists who bury and hide their treasure, hoping to return to the cache at a more opportune time. Their reasons for parting ways with the goods are myriad, including fleeing from political unrest, hiding ill-gotten gains from a robbery until suspicion blows over, or simply mistrust in financial institutions.

Whatever the reason, the dream of finding instant life-changing treasure, especially the quintessential buried kind, has probably crossed everyone's mind to varying degrees of obsession, from childhood pirate play, to dedicated professionals using ground-penetrating radar. In my case, I always hope to find old money in the pages of books donated to Little Free Libraries. I have thus far been disappointed.

Upstate NY author Samantha Misa Ph.D. unburies the mysteries and histories of some well-known treasured tales, balanced with some more obscure, less detailed accounts of hidden treasure. Misa's book, *Buried Treasures Of Upstate New York* presents many stories of such sagas complete with all of the thrills, triumphs, heartbreak, disappointment, betrayals, violence and consequences of the chase.

Misa, a historian who has both a Master's Degree and a Ph.D. in American History, is exactly the one you want to be researching and writing about these historical accounts. I love learning something new from books and I learned intriguing facts from the past including from The Revolutionary War



Author: Samantha Misa, Ph.D.

Publisher: Delaware County Historical Association

that prompted further study on my part. Most surprising, who knew that the infamous Captain Kidd may have buried his as of yet undiscovered treasure in the upstate area? The book is chock-full of photographs, maps, illustrations and sources that lend to the rather esoteric feel of reading it. Misa writes thoroughly, yet honestly, quick to point out when a story's details are hard to verify, pointing out that the lack of information is naturally due to hidiers not wanting seekers to find the loot.

continued...

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- Marketing • Printing



845 586-4655
locustgroveenterprises.com

Besides being an author, Misa is also a dynamic public speaker. I have had the pleasure of attending two live presentations where she was funny and engaging with a knack for making history come alive, even for the history resistant.

At just ten dollars, this is a great addition to your book collection. Since most buried treasure is unclaimed or at least not reported found, treasure may lie just below our feet.

Available at: Delaware County Historical Society, 46549 State Highway 10, Delhi, New York, 13753 in person or the book list can be found at www.dcha-ny.org



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Summertime Sloppy Joes

INGREDIENTS

Servings: 4

- 1 Tbsp. canola oil
 - 1 small onion, chopped
 - 1 bell pepper, chopped
 - 4 cloves garlic, chopped
 - 1/4 tsp. dried oregano
 - Kosher salt and freshly ground black pepper
 - 1 1/4 lb. 80% lean ground beef
 - 1/2 cup ketchup
 - 1/2 cup lager beer
 - 3 Tbsp. Worcestershire sauce
 - 1 Tbsp. tomato paste
 - 1 Tbsp. brown sugar
 - 1 tsp. chile powder
 - 3 Tbsp. unsalted butter
- Serve with toasted hamburger buns, sharp cheddar cheese and sliced pickles. Potato chips are the perfect side.



DIRECTIONS

1. Heat oil in a large skillet pan over medium-low heat. Add onion, pepper, garlic, and oregano. Season with salt and pepper. Cook, stirring occasionally, until softened, 8 to 10 minutes.
2. Increase heat to medium. Add beef and season with salt and pepper. Cook, breaking beef up with a spoon and stirring occasionally, until brown, 5 to 6 minutes. Stir in ketchup, beer, Worcestershire, tomato paste, sugar, and chile powder. Reduce heat to medium-low and simmer until sauce has thickened, 15 to 20 minutes.
3. Serve on buttered, toasted buns topped with pickles and potato chips alongside.

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History of Our Hamlets

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Photos and recollections courtesy of Diane Galusha,
Historical Society of the Town of Middletown

Summer gatherings

Getting together to enjoy the warmth and fellowship of friends and neighbors is what makes summertime memorable.

In Margaretville, folks gathered in front of Murray's Hotel (below) to watch the Summerfest parade in 1964. Three young women in the Miss Margaretville contest are seen cruising past an audience that offers an informal portrait of contrasting 1960s female fashion – patent leather purses and kerchiefs, vs. tight shorts and bobbysox!



(Above) These unidentified women posed demurely in bathing suits and summer garb while on vacation at the Townsend farm boarding house, Bragg Hollow, Halcottsville in July 1938.



(Right) The rule on the porch at this 1940 ice cream party in Halcottsville was "lick fast!"





Green living

Protecting the environment benefits everyone

Preserve, protect, and restore — those three key words anchor this year's what should be everyone's daily motto. By now we should all be aware of the importance of taking better care of our environment, particularly here in the Catskills as we strive to preserve, protect and restore our resources and the natural beauty of our home.

If every individual does what he or she can to consume less, buy wisely, and dispose of throw-aways carefully, industry will be compelled to follow on the path to responsible use of the earth's resources.

Making an effort to protect our environment serves everybody well — it means improved health, the protection of our quality of life, and the strengthening of our local and national economies. Here are a few simple ways you can sow and reap the benefits:

1. Compost your kitchen waste; it's simpler than you might think, and very rewarding!
2. Get rid of your household products responsibly and safely. Paints, solvents,

cleaning products, energy-saving light bulbs, and other dangerous domestic waste can jeopardize health and the environment if they are not disposed of in an appropriate manner.

3. Plant trees to shade your home. It will help to reduce your energy consumption — and cost.
4. Turn off the tap while you're brushing your teeth.
5. Organize a clothing exchange; it's a great way to renew your wardrobe and save some precious dollars.
6. Wash your clothes in cold water.

Protecting our environment doesn't require grand gestures—it begins with the choices we make every day. When each of us wastes a little less, conserves a little more and considers the environmental impact of what we buy and discard, those small efforts add up. Together, we can protect the beauty and resources of the region we call home, ensuring that future generations inherit a Catskills every bit as healthy, vibrant and inspiring as the one we enjoy today.



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