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CATSKILLS

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ADVERTISERS!

AUG 2024

**CATSKILLS
COMMERCE**

Delaware County Chamber
of Commerce Newsletter

INSIDE

A TIME AND A PLACE

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PUBLISHER



WEEKEND PROJECT



SPONTANEOUS BEAUTIFICATION

by Lauree Griffis

Somewhere at your home, ugly may be lurking. For me, it was the back corner of my house where the air conditioner and the hose bib is situated. That is, until inspiration struck. The metal box thingy for our AC unit looked like a little house to me. I gathered up some acrylic craft paint and went to work. Yes... I have a degree in commercial art. No... I am not a painter. You can do this.



Can't draw a straight line? Masking tape is your friend. Paint your base color and LET IT DRY. Then tape off the windows and doors and paint them a contrasting color. "Frog tape" is your friend to avoid bleeding. Pull the tape off gently at a sharp angle and touch up any boogers. Hold a ruler at an angle and carefully run a small brush along the edge to get straight lines for your trim. (<https://www.youtube.com/watch?v=9G-07IFn4G8>). For the flowers, dab the end of your brush in different colors and tap little dots to make flowers. (They also make tools for this purpose.) Let the colors dry, don't dab wet on wet.

I recommend spraying your masterpiece with polyurethane to protect it.
Find the ugly and get started!

SAND • GRAVEL • STONE • TOPSOIL



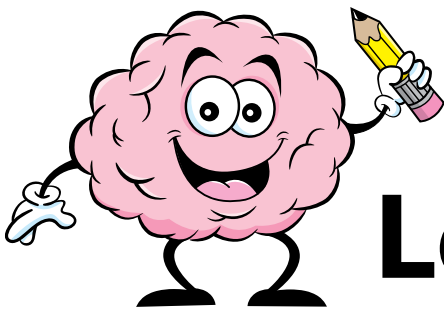
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**DELIVERY
OR PICK UP**

3135 COUNTY HWY 6, BOVINA CENTER

ON THE COVER... Some of Bill Chriswell's apples ripening for you-pick season at Sunrise Mountain Orchard. Don't miss their Family Farm Day on August 24. **See the story on Page 18.**

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Lefties are interesting!

August 13th is International Lefthanders Day. Take this opportunity to learn more about the particularities and challenges of being left-handed.

A different brain

It's estimated that 10 to 15 per cent of individuals are left-handed, meaning they use their left hand to write and perform everyday tasks, such as brushing their teeth and cutting food. On average, there are six left-handed men for every four left-handed women.

Is the left-handed brain different from the right-handed brain? The answer is yes! In right-handed people, the left hemisphere of the brain is dominant. However, for left-handed people, the opposite is true. Lefthanders have a more developed right hemisphere. This part of the brain controls spatial and artistic analysis, which may explain why lefthanders tend to be talented in specific disciplines.

That's not all. Scientists have discovered that lefthanders have greater connections between the two cerebral hemispheres. This means that the two parts communicate better with each other. This could explain why lefthanders are over-represented in specific fields. Many lefthanders excel in music, the arts, architecture, sports (particularly boxing, fencing and tennis) and mathematics.

Constant adaptation

It's no secret that the world was designed with right-handed people in mind! Several everyday activities can be challenging for left-handed people, including:

- Using certain tools, such as scissors and chainsaws
- Writing in a spiral notebook (or simply writing neatly!)
- Using a can opener
- Driving a car
- Using the numeric keypad on a keyboard

Additionally, left-handed people are often at a disadvantage in their leisure activities. For example, golf courses are designed exclusively for right-handed players. Consequently, lefthanders must frequently adapt and avoid injuries in their daily lives, leading to increased connectivity between the hemispheres of their brains.

Famous lefthanders

Here are a handful of famous left-handed people you may have heard of:

- Jimi Hendrix
- Lady Gaga
- Leonardo da Vinci
- Ludwig Van Beethoven
- Oprah Winfrey
- Rafael Nadal
- Bill Gates
- Leylah Fernandez
- Jennifer Lawrence
- Nikola Tesla



Considering this list of brilliant, creative and successful people, you may want to legitimately question the expressions "two left feet" and "left-handed compliment."

On August 13th, celebrate the uniqueness of all left-handed people!



A SUMMER
like no other

DO

Local author Peg DiBenedetto discusses her history-based novel

August 11, 1pm

Middletown History Center
778 Cemetery Road, Margaretville



The Historical Society of the Town of Middletown (HSM) welcomes Halcott resident and author Peg DiBenedetto who will discuss and read from her book *"Silver Dollar Girls"* in a Second Sunday program at the Middletown History Center August 11 at 1 p.m.

The book, published in 2023 by Full Court Press, is a combination of World War II history and a fictional family narrative set in a rural valley during the 2020 COVID lockdown.

DiBenedetto, the daughter of Ruth Frankling Reynolds, who had served with the Women's Airforce Service Pilots (WASP) during the war, had been looking for a way to incorporate her mother's aviation experiences into her writing, which heretofore had focused on nature essays and children's stories.

The novel features a young woman, Mae, who flees New York City during the pandemic to her great-grandparents' abandoned farmhouse in the Catskills. There she discovers a box of papers describing how her great-grandmother Ruth became a pilot at a young age and then joined the prestigious WASP. She, with over a thousand other women, contributed to the war effort by ferrying aircraft from factories to airfields. In the book, Mae learns the reason Ruth's aviation history was kept quiet for decades.

Ruth Franckling grew up in Woodstock and graduated from Kingston High School when she

was 16. She'd wanted to fly since childhood but couldn't afford the lessons, so she worked at the Kingston Airport and got paid in air time. By the age of 21 she'd gotten her pilot's license. Soon afterward she received her commercial rating and then her instructor's certification, all of which contributed to her earning a spot in the brand new WASP program.

She married another pilot, Ward Reynolds. The duo kept a pair of Piper Cubs in a level field next to their Halcott farmhouse and flew regularly around the valley and beyond.

Using occurrences from her own youth on her family's dairy farm, along with valley lore, DiBenedetto weaves in *"Silver Dollar Girls"* a realistic tale of friendship, hardship and the rewards of life in a rural farming town.

Admission to the illustrated talk is by donation. The book will be available for purchase at the August 11 talk. The Center is at 778 Cemetery Road, Margaretville.

For information on HSM programs and activities, along with historical articles and photos, visit mtownhistory.org.

A SUMMER like no other

Nuthin' says summer like our local fairs!

Saratoga County Fair

Saratoga County Fairgrounds
162 Prospect Street, Ballston Spa
July 23rd to July 28th

Greene County Youth Fair

Angelo Canna Town Park
Joseph D Spencer Ln, Cairo
July 25 to July 28

Otsego County Fair

48 Lake Street, Morris
July 30 to August 4

Ulster County Fair

Ulster County Fairgrounds
249 Libertyville Road, New Paltz
July 30 to August 4

Schoharie Sunshine Fair

Cobleskill Fairgrounds
113 Sunshine Drive, Cobleskill
August 6 to August 11

Delaware County Fair

Delaware County Fairgrounds
Fair Street, Walton
August 12 to August 17

Altamont Fair

Rt. 146 at Arlington St., Altamont
August 13 to August 18

Washington County Fair

Washington County Fairgrounds
392 Old Schuylerville Rd, Greenwich
August 19 to August 25

Dutchess County Fair

Dutchess County Fairgrounds
6636 US-9, Rhinebeck, NY 12572
August 20 to August 25

Mmmm mmm!!! Can you smell it? FAIR FOOD! It might not be healthy, but fair food is the best. Add to that carnival rides, games, fund-raising, music performances, and other fun events all of which help foster a sense of community.

Our local fairs are an important part of small town culture, and are much more than the sum of their parts. They're a place, and a reason for us to gather together — often creating a family traditions. There are numerous teaching opportunities to instill volunteerism, a work ethic and community spirit in the next generations.

Send off summer with a blast and visit one — or all — of our local fairs. And hats off the hard-working folks and volunteers who make these fairs possible for us all to enjoy!



old FRANKLIN day 2024

Saturday August 24th
9am-3pm
rain or shine

Institute Street
(off Main Street/State Hwy. 357)
franklinny.org/ofd24

shop local
★ artists
★ crafters
★ food

get deals
library book sale
town-wide lawn sales

have fun
★ fashion show!
★ kids play!

yum eats
★ free pancake breakfast 7-10am
★ pie sale at 9am
★ refreshments
★ restaurants

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UPSTATE COUNTRY REALTY

A SUMMER like no other

PLAY

Join us to shop local,
boogie with the bands,
enjoy a fashion show
and have fun!

Old Franklin Day Saturday, August 24th

Get ready to party on Old Franklin Day! Mark your calendars for Saturday, August 24th from 9am to 3pm, on Institute Street off Main Street. Franklin's traditional summerfest features two popular local bands, a fashion show, kids' activities, a free pancake breakfast, an array of great food, St. Paul's famous pie sale and local artisans and crafters. There's a Franklin Central School all-class reunion after the event, too.

"The entire Franklin community has the welcome mat out for all on Old Franklin Day," said Connie Martin, Old Franklin Day Coordinator. "We had well over 1,000 people enjoy the festival last year, and we are looking forward to another great time this year. So come out and join the fun!" John Wilson, Old Franklin Day Coordinator, said, "This celebration of summer has been a tradition in Franklin for over 40 years at least. Whether you want to shop, eat, play, dance in the street, learn more about the community, or just meet up with friends, there's something for everyone."

Here are 10 good reasons to join us on Old Franklin Day:

1. Start the Day with a Free Pancake Breakfast

The Community Bible Church at 89 Center Street is kicking off the Old Franklin Day festivities with a free pancake breakfast from 7 to 10am. Thirsty later? They'll have free root beer floats for you in the afternoon, too.

2. Shop Local

Finished breakfast at the church? Old Franklin Day festivities are just a short 2-block walk away! To date, we have over 35 local artisans, crafters, vendors and community groups participating. Shop 'til you drop for vintage and antique items, artwork, artisanal glass, woodcraft, home décor, clothing, jewelry, accessories and more. Delicious locally made maple syrup products, jams, handcrafted chocolates and other treats will be available for sale.

3. Party with the Bands

Ready to boogie? Thanks to the generous sponsorship of Tom Morgan and Erna Morgan McReynolds, two great local bands will perform live:

★ Back by demand, Eric Haight's band, Off the Record, will be performing rock, country and jazz classics from 10am to noon.



★ Our second band in demand, Terri Whitney and the Country Express Band, will follow at 1pm with country and popular hits.



4. Take In Our Fashion Show

The popular Fashion Show is back this year! This year's show, From Victorian to Vintage: A Fashion Evolution, will be held at 1pm in the Franklin Central School Cafetorium. Donna Briggs, owner of The Squire's Tankard antique and vintage clothing shop in Unadilla, is curator of the show. Donna's co-curator is Kathy Krusinski, who was previously the owner of the ZaSu

Vintage clothing and accessories shop in Stamford.

5. Bring Kiddos to Enjoy Activities

Expend some energy at the popular Bounce House, and check out balloon art, glitter tattoos, games and other kids' activities.

6. Delicious Eats at the Food Truck Court and More

You won't go hungry at our food court in the Fire Department lot on Main Street. The Ty's Taco-Ria and S&S food trucks will be on site with a choice of scrumptious menu items. Catskill Momos will have an array of delicious Asian dumplings and other treats. The American Legion will be selling their famous barbecued chicken halves from Brooks. And the Open Doors Methodist Church will be selling hot dogs and chips with free water in front of the church at 475 Main Street. There is seating at the Fire Department lot, in the Legion hall, in front of Franklin Stage Company and Franklin Central School, and on the Methodist Church lawn. Enjoy a great lunch or snack on site or get your goodies to go!

7. Get to St. Paul's Famous Pie Sale Early!

The pie bakers at St. Paul's Episcopal Church will be baking homemade apple, cherry, blueberry, peach pies, cream pies and much more for the traditional pie sale fundraiser, which starts under the big tent on the church lawn at 9am. Take a seat, greet friends and neighbors and have a slice with a cuppa joe! Grab some pies to take home for the weekend. Go early -- pies sell out quickly!

8. Learn More About Community Organizations

Visit the Franklin Rotary Club table to learn more about Rotary's educational and environmental programs and how you can get involved. Travel back in Franklin's history when you visit the Franklin Railroad and Community Museum table. Check out photos of the restored historic fountain at the Ouleout Valley Cemetery table. Learn more about the Franklin Community Education Foundation's programs over homemade lemonade. The National Alliance on Mental Illness (NAMI) will have information on community programs and resources.

9. Get Deals Around Franklin at the Library and Lawn Sales

The Franklin Free Library at 334 Main Street is having a pop-up book sale. Don't miss the town-

wide lawn sales – you may find the deal of a lifetime! Maps will be available on Facebook and at the event.

10. Walk Around the Village

Stroll along Main Street to see historic homes and visit our local shops. Local restaurants Yokel, the Tulip and the Rose and Seminera's Pizzeria will be open. The Franklin Railroad and Community Museum will be open with historical exhibits.

Franklin Central School All-Class Reunion

Franklin Central School alumni from any graduating year, along with guests, are invited to party under the tent on the St. Paul's Church lawn from 4 to 8pm. Contact Sonja Johns at kljohns@citlink.net for details.

A Big Thank You to Our Old Franklin Day Sponsors

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Participate as a Vendor

We have a few vendor slots left, but they're filling up fast! Contact Connie Martin at candjmartin@fastmail.com or 201-414-1684 to participate as a vendor. Watch Facebook and franklinny.org/ofd24 for updates.



Victorian to Vintage

A Fashion Evolution

**Franklin Central School
Old Franklin Day, August 24 at 1pm**

Presented by The Squire's Tankard Antiques

This year's traditional and popular Old Franklin Day fashion show, features local models wearing clothing styles from the late 1800s to 2000. Admission is free.

The show is curated by Donna Briggs, owner of The Squire's Tankard, an antiques and vintage clothing business at 183 Main Street in Unadilla. Donna will be assisted by Kathy Krusinski, previously the owner of ZaSu Vintage in Stamford.

The show will take the audience on a fashion evolution from the Victorian era to 2000, with models ranging from adults to teens to young families.

Donna said, "We are bringing the show back again by popular demand. Last year's Old Franklin Day fashion show attracted a full house. It's fun for everyone and the range of fashions are sure to bring back great memories."

continued...

HERE'S A TIP by JoAnn Derson

"I use the large pails of kitty litter and save the empties to collect rainwater and store things. Remove the lid and they make a great bucket. Put the lid back on so that the water does not attract mosquitoes. You can also stack them on their sides to make convenient storage for rags, tools and more." -- via email

"Purchase a variety of wood frames from second-hand stores or tag sales, and paint them all one color. It makes a statement when you hang them all close together on a wall. We created a nice large display this way, and it was very inexpensive to do." -- E.M. in Arizona

Create your own charging station: Find a box large enough to hold a multistrip power connection and pretty enough to sit on the counter. Drill or cut a hole in the side to fit the plug. In the top of the box, create holes through which you can fit your electronics connectors (cellphones, iPad, camera, etc.). Your devices can rest on the top and all the cords will be stored in the box, out of sight.

Sometimes a tip isn't about saving time or money, but about a cleaner, healthier solution to a problem. And the wisdom of yesteryear is popping up all over the place. For instance, want beautiful highlights? Get a lemon and get out in the sun. Use the juice to dampen strands of your hair, then as you are out in the sun, they will lighten -- no chemicals, au naturel!

"Sunburn can be soothed with plain vinegar. For the back, arms or legs, soak a washcloth in room temperature vinegar and lay it on the affected area for 15 minutes, then rinse. For the face, soak a cotton ball and lightly dab on burned areas." -- I.E. in California

"Bug bites can be treated with banana peel. Use a small piece of the peel laid white side down over the bite. Secure with a Band-Aid. Leave on at least 5 minutes. This works especially well for my kids, who seem to think it's fun." -- W.S. in Alabama

Lush lips and lovely nailbeds are only as far away as your pantry. Use olive oil applied directly to lips and nails to moisturize.

Both Donna and Kathy's keen interest in vintage fashion design led each of them to build an impressive collection of antique and vintage clothing and accessories and open their own businesses.

Donna has curated and presented various fashion shows and participated in antique shows across upstate New York for many years. She has provided clothing and accessories for movies and theater and has also taught classes on the history of fashion at SUNY Oneonta. Donna said, "Restoring vintage clothing is a way to preserve pieces of history. I enjoy sharing my love and knowledge of vintage clothing with others."

Kathy said, "The fashion shows bring history to life and attract many people in our local communities. The models are local and you might just see someone you know on the runway!" Donna added, "You might even be inspired to enhance your own wardrobe with some vintage clothing or accessories. What's old is new!"

For more information, contact Donna Briggs at 607-829-6885.

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f

A man wearing a blue baseball cap and a blue apron over a dark t-shirt is grilling a large tray of sausages. He is using a metal spatula to flip one of the sausages. In the background, there are other people, coolers, and a picnic table, suggesting an outdoor festival or fair. The text "A SUMMER like no other" is overlaid in a stylized font at the top left.

A SUMMER like no other

DINE

A Celebration of Sausage

**Sausage & Brew Fest Celebrates
Local Craft Beers Aug 24th
Food, music and drinks 1-7pm
Admission is FREE**

The 2024 Catskill Sausage & Brew Festival is back again on Saturday, August 24 with a larger-than-ever selection of local craft beers, ciders and wines. Nestled between the 26-mile Catskill Scenic Trail in the northwestern Catskills and the meandering Delaware River, the annual event visitors have called an “awesome blast” and a “gift” takes place under the big tent at the Town Park, 101 Maple Ave in Hobart, rain or shine.

Farm-to-table sausage plates include a heap of fresh vegetables all grown within 30 miles of Hobart including Hanselman’s famous just-picked-this-morning-corn-on-the-cob from 5 minutes down the road. Vegetarian options are available. For an up-to-date menu of local NYS craft beers, visit www.HobartRotary.com/festival.

The knock-out music lineup features the 16-piece Leatherstocking Jazz Band, rock ‘n roll band The Fisher

Cats, and the Wyld Blue Band with award-winning blues singer Alana Wyld. The party runs continually with dancing and music by DJ KDC, creative vendors and assorted games. Revel under the big tent or spread a blanket and picnic on the grass.

Activities for children include hayrides, bouncy-house, face-painting, hula-hooping, jump-rope and cornhole. A 50-50 raffle will be held.

The Sausage & Brew Fest attracts roughly 1,000 visitors of all ages from across NY State and beyond. Overseas tourists have been heard to exclaim, “This is our favorite place in all of America!”

Hobart is the home of the renowned Book Village of the Catskills. All bookshops and giftshops will be open on Main Street, Saturday August 24, 11am-5pm.

The Festival coincides with Cornell Cooperative Extension’s Family Farm Day and offers a perfect Catskill meal during a day of farm visits. With so many family farms using sustainable methods to raise free range livestock and grow small-batch produce, Delaware County has long been known for its delicious food products. The Sausage & Brew Fest was founded in Hobart in 2019 to share our story and celebrate local farms!

Sponsored by the Hobart Rotary Club, the festival is made possible by generous funding from the Delco Economic Development Department, Hobart Community Foundation, the Robert and Addie Thomson Trust; and with funds from the Delaware County Arts Grants, a regrant program of the New York State Council on the Arts with the support of the Office of the Governor and the New York State Legislature and administered in Delaware County by the Roxbury Arts Group.








All proceeds from the festival benefit community service programs including food for hungry children.

**Volunteers are needed in all capacities!
For more information on volunteering
or setting up a vendor table.
Visit HobartRotary.com/festival**



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Pet Me Please!

Heart of the Catskills
Humane Society

by Laura Wright

The importance of training and socializing your dog

Have you been thinking about getting a dog? Have you ever been guardian to a dog, and are you aware of what this responsibility entails? Have you had a bad experience with a dog you have housed or had to give a dog up in the past? It happens, but in the shelter setting we often see dogs surrendered to us for issues that could have been prevented. The importance of training and socializing your puppy or dog at a young age cannot be stressed enough. If you don't, your dog may end up displaying behaviors that are hard to handle.

Certain breeds may have innate behaviors that are very difficult to "train out" of them, such as prey drive for small animals. In this case, we suggest you do your research on different breeds before getting a pet. But generally, dogs who get some training and exposure to many people and experiences and objects at a young age are more at ease, confident, and safe pets.

As shelter workers, we find it frustrating to get calls from dog owners wanting to surrender their pets, just to find out the dog is extremely under-socialized, under-exercised, not house trained, fearful, or aggressive for reasons that are not the dog's fault. Often owners are not willing to take responsibility for the dog and seem to want to push the problem off onto someone else without first seeking advice about behavior and training from a good dog trainer. Then we have a dog that is in a very stressful new environment, confused, and sometimes afraid. Though these dogs often bond well with staff they see every day, they are dogs that make difficult adoptions. It is unfortunate for all involved, but especially for the dog. Please remember, if you are dealing with a behavior



with your dog that you don't want to deal with, such as unpredictable aggression or urinating in the house, most likely nobody else is going to want to deal with that behavior either.

The best thing is to do some basic training with your dog, such as teaching the dog to sit, lay down, come, wait, and "drop it." Spending quality time with your dog is important for bonding, and the more bonded you are the better your dog will listen to you. Make sure you are getting your dog enough exercise, because many behaviors occur due to frustration and excess energy that has no place to go. Play with your dog. Teach them and make it a game. If you plan to have your dog off-leash in the future, make sure you train them to come consistently and promptly. Make sure your dog is safe and friendly with other animals

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as well. And please remember, just because your dog is friendly with others doesn't mean other dogs at the park or on the trail are. Be respectful and careful.

Socialize your dog early and often. Gently touch them all over, including feet and tail, when they are young so they don't develop an over-sensitivity. Take them around town and invite different people to pet them and give them a treat. Expose them to kids, older people, other dogs, cats, farm animals, people with canes or wheelchairs, bikes, and cars. Take them around busy areas with different sounds and smells. Reward them for good behavior with treats and pets. Also give them down time to de-compress at home where it's quiet. And just like humans, dogs can have off days and be cranky or not feeling well. Let your dog have a safe place where he or she won't be bothered by anyone. Respect their space as you would expect them to respect yours. Teach your kids to respect their space as well.

If you happen to have a dog who behaves perfectly from the start with zero time or effort, you are very lucky! If you plan to get a dog or puppy, please plan to train and socialize the dog so you won't end up having issues that are hard to handle. And if you are an experienced dog person and like helping dogs who may have had a rougher start in life, consider adopting a shelter dog that might have some special needs. It may take more time, effort, and patience, but you can still teach older dogs new tricks, and it can be so worth it!!

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- ☐ Canned cat food (paté type)
- ☐ Bleach
- ☐ Paper towels
- ☐ Dish detergent
- ☐ Cat treats
- ☐ Sturdy dog toys
- ☐ Dish washing gloves (Large)



Drop donations at the shelter
6610 State Hwy 10 in Delhi
Tues - Sat from Noon to 4pm
No appointment necessary

A SUMMER
like no other



The Hundred Acre Wood with Winnie-The-Pooh and Friends

Saturdays thru August 31 at Noon

For Children Ages 3-8 & their Adult Friends

960 Main Street, Margaretville

Conceived and directed by Amie Brockway, *The Hundred Acre Wood* is based on the stories of Winnie-the-Pooh and his friends by A. A. Milne. Performances happen each Saturday in August for children ages 3-8 and their adult friends.

There is a different story each Saturday including favorites such as "...in which Pooh Goes Visiting and Gets into a Tight Place" and "...in which Eeyore Loses a Tail and Pooh Finds One". There are five stories altogether.

Amie Brockway has devised the interactive scripts and directed the shows, Ron Brockway has designed the immersive set in which the audience enters the world of the play—The Hundred Acre Wood itself, with Pooh's home in a tree, Rabbit's sandy bank, Eeyore's thistle patch, Owl's grand old chestnut tree house, and more. Each child and their adult friends will have an opportunity to meet A. A. Milne, Christopher Robin and all the animals, to explore the wood and to help decorate it.

The acting ensemble is Ron Brockway, Brandon Hargrove, Max Krane, Mila Krane, Viktoria Krane,

DO



Randi Perkins, and Elizabeth Sherr.

Tickets are Pay-What-You-Will (suggested \$10) and can be purchased at www.theopeneyetheater.org/events-tickets.

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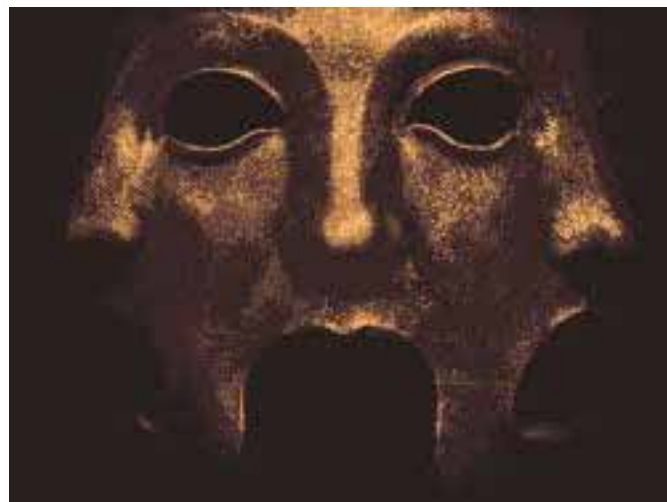
Closes Season with

An Iliad

August 9–25

Chapel Hall

25 Institute Street, Franklin



The Franklin Stage Company (FSC), Delaware County's renowned professional summer theater, will present *An Iliad*, by Lisa Peterson and Denis O'Hare, based on Homer's *The Iliad*, translated by Robert Fagles. The play is the final offering in FSC's 28th season, and runs from August 9–25.

We're so proud to present this moving piece, complete with live music, as we return to our roots of producing classically inspired work," said Patricia Buckley, FSC's Artistic Director. "This play became an instant classic when it premiered in New York in 2012."

An Iliad is a timeless tale that features a compelling storyteller, perhaps Homer himself, who comes to tell the age-old story of war's hold over the human race. Featuring Franklin Stage Company Associate Artist Charlie Kevin, with original music by Bassist Evan Jagels, the play uses modern language to recount the familiar tale of gods and goddesses, wars and battles, and humanity's unending attraction to chaos. Speaking of portraying the eternal character of The Poet, Kevin said, "If lucky enough, an actor gets the opportunity to undertake such a role once in a career. I feel blessed that I'm able to do it at the place I call my theatrical home—FSC."

Lauren Bone Noble, the play's director, is a theater

artist and Assistant Professor of Movement for the Actor at the University of Mississippi, and said of the piece: "*An Iliad* asks the audience to consider our fascination with war and its heroes. The power of this production is that it does not provide easy answers, but through the everyman character of The Poet offers us a meditation on the allure of conflict that stays with us long after we leave the theater."

Franklin Stage Company's season runs through August 25 at Chapel Hall, 25 Institute Street in Franklin. Please note all evening shows have a curtain time of 7:30pm. *An Iliad* will also have Saturday matinees at 3:00pm and Sunday shows at 5:00pm. General seating, admission is free (suggested donation is \$25 per person). For more information and reservations, visit www.franklinstagecompany.org.

Franklin Stage Company is a professional Actors Equity, not-for-profit theater founded in 1997. FSC is dedicated to producing classic and new plays that stimulate thought and provoke discussion to illuminate as well as entertain. It's dual mission is to produce professional, admission-free theater that brings together audiences and artists to create community and celebrate the enduring power of stories; and to ensure the preservation of historic Chapel Hall as both an architectural treasure and a center of community activity.



“Summer Shortcuts XIV” A Brand-New Collection of Eight 10-Minute Plays

August 15 - 25

Thurs-Sat at 7pm

Sun at 3pm

960 Main Street, Margaretville

A brand-new collection of eight 10-minute plays takes the stage at The Open Eye Theater in SUMMER SHORTCUTS XIV for two weekends from August 15 - 25, Thursday - Saturday at 7 pm, and Sunday at 3 pm. Selected from more than a hundred submissions, the eight plays are: BEADS by James Still, directed by Pip Merrick; THE NAME GAME by Hank Kimmel, directed by Tim Main; THE FOURTH OPTION by Sherry Friedman, directed by Elizabeth Sherr; GET THE MESSAGE by Coni Koepfinger, directed by Ron Nash; LIKE A ROSE by Shelley Stolaroff Segal, directed by Pip Merrick; MEETING RACHEL by Eric Weil, directed by Marge Helenchild; RUBY by Donald Loftus, directed by Elizabeth Sherr; THE SENSATIONAL SISTERS by John Mabey, directed by Tim Main.

Adult tickets are \$25, Student and Youth tickets are \$10 and can be purchased at www.theopeneyetheater.org/events-tickets. Members receive a 20% discount and are invited to bring one guest per season Free-of-Charge.



The mission of The Open Eye Theater is to produce high quality theater performances and other educational programming for a diverse population in the Catskill Mountain Region and beyond - enriching the quality of life for theater artists, students, and audiences of all ages.

This program is made possible by the New York State Council on the Arts, with the support of Governor Kathy Hochul and the New York State Legislature. It is also made possible by generous grants from The A. Lindsay and Olive B. O'Connor Foundation, the S. Irving and Anne Nevard Sherr Foundation, the Nancy Friday Foundation, the Hobson Lucas Family Foundation, Hudson Valley Foundation for Youth Health and generous contributions from many businesses and individual contributors.

A SUMMER
like no other

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WEST KORTRIGHT CENTER

Inaugural WKC Film Festival

August 23-August 25
49 West Kortright Church Road
East Meredith

It's a binge watching marathon — 26 short films and 4 features from 7 different countries!

On Friday August 23, the WKC Film Festival will open with a reception at 5pm followed by a showing of eight short films.

Saturday August 24 starts with a free family matinee screening of two animated short films followed by feature film *The Inventor*, a stop motion puppet and 2-D hand drawn animated film, directed by Academy Award nominee Jim Capobianco.

Saturday afternoon and evening will include experimental films, shorts, international films, and a marquee feature of *Common Ground* (sequel to the acclaimed documentary *Kiss the Ground*), a film about regenerative agriculture directed by Josh and Rebecca Tickell.

Sunday starts with a special feature of *Ain't Got Time to Die*, directed by Martin Krafft, followed by six shorts by students and young filmmakers. At 1:30pm a screening of special feature *Here Lived: The Stolpersteine Story*, about the largest decentralized Holocaust memorial in the world, directed by Jane Wells. From 4-5:15pm a talkback with filmmakers will take place. The festival will close with an awards



ceremony starting at 5:15pm.

All screenings will take place inside the WKC auditorium. Drinks and snacks will be for sale during the breaks. Tickets can be purchased online in advance. A \$40 festival pass gives access to all screenings, each section is \$10/person. Kids 12 and under are free. Parental guidance suggested as some material may not be suitable for children under the age of 18.

Visit www.westkc.org to see the full schedule and to purchase tickets. Event schedules and guidelines are subject to change. Call (607) 278-5454 or contact info@westkc.org with any questions.

2024 West Kortright Center arts and community programs are funded in part by members, by contributors to the 2024 Program Fund Drive, by the Bert Santora Trust, the Tianaderrah Foundation, and by grants from the National Endowment for the Arts, the New York State Council on the Arts with the support of Governor Kathy Hochul and the New York State Legislature, from the A. Lindsay & Olive B. O'Connor Foundation and the Robinson-Broadhurst Foundation. Special thanks to Catskill Country Living, Delaware County Economic Development, Livestock Foundation and Nathan Love for sponsoring the WKC Film Festival.



Bloomville Apple Orchard Blossoms for Bees and Humans

by Mary A. Crisafulli

A bright red apple and honor system honey and maple syrup shop welcome visitors to Sunrise Mountain Orchard.

When Bill Chriswell and his wife Laurie Chriswell moved to Bloomville they didn't expect to become small-time farmers. But the land was prepped and Bill has answered its calls to help it grow into Sunrise Mountain Orchard.

"When I started cleaning up the property I realized there are about 200 trees out here," said Bill. The previous owners had planted apple trees, explained Bill, who has since planted 350 of his own. "We thought if we are going to have an orchard we might as well have an orchard," said Bill, "But I knew nothing about apples so I started reading and YouTubing and all that good stuff."

The orchard now has roughly 500 trees with a mix of semi-dwarf and dwarf. The over 20 varieties are available for you-pick. "It's just enough for one person to take care of," he said.

Apple types include classics like fuji, Empire, Cortland, Macoun, and Honey Crisp, as well as unique sorts like Goldrush, Zestars, Snow Sweets, Pippins, Calville Blanc, and Sops of Wine. It was clear Bill

had done his research because he seemed to have something to say about each apple and maybe even each tree.

A funny-looking apple, the Calville Blanc, is a 1500s French variety that is known in Normandy for making a fantastic tart, he explained. Sops of Wine are an old English variety that makes a good cider and otherwise, Bill said, "I'm not quite sure what to do with them."

The Zestars are ripe in early August just in time for Family Farm Day on August 24, which will be the season's opening day. Even though last year there were no apples due to a late frost, the first two years open, Bill said they sold out. Which is why he planted the Goldrush and Sops of Wine, which ripen in October for late picking.

The orchard also features misfit varieties — meaning there are only a few trees of these unusual sorts. A semi-dwarf Grimes Golden stands alone and Bill tells me this is the first year it has given fruit. "It's five years old, and this year it just took off," he said.

Bill nurtured a few twigs of Roxbury Russets, which he says was Thomas Jefferson's favorite apple, and they are now producing a few fruits. The Frostbite tastes like brown sugar, said Bill, "they are so sickeningly sweet." He also has some Dabinett trees and Snow Apple, which are an old antique variety that isn't good for anything, Bill tells me.

But apples are not all Bill has dabbled in. The orchard is buzzing with busy bees pollinating. Bill currently has 13 hives and produces wildflower honey. "The bees love elderberries," said Bill. "Raspberries create a big nectar flow." The day before I toured, Bill harvested 160 pounds of honey. And, in the fall, Bill works with maple trees to produce syrup. He taps about 150 trees that produce about 12 to 15 gallons annually. "It's just enough that I can use it and give away to family, with some to sell in the fall," he said. Bill also uses fallen apples to produce apple cider for sale.

The orchard is quaint, nestled between the classic rolling hills of Delaware County. It's unique in that all of Bill's operations are woven throughout the trees. Laurie said it perfectly, "We get a lot of families here with toddlers and they love it because they can just run around and there's not a lot of hoopla, you come pick apples and talk."

But to add, it's such a great area to explore for children. On their small farm, you can see the bee hives and how they function to help the plant life, there are bird nests in the apple trees, and a vegetable garden and pumpkins vining in the center. It's small, yet there is so much to see.



Bill Chriswell and his bees. Bill currently has 13 hives and you can't see it in the photo but they were buzzing all around. This is their busiest time of year, Bill told me, "This time of year they get crazy. I just took eight boxes out, got about 160 pounds of honey."

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Investing in Our Future

Students will soon return to classrooms throughout our region, eager to take on new challenges and work toward successful careers--and hopefully remaining in our region!

The Delaware County Chamber of Commerce partners with school administrators, teachers, community leaders, and you to create new ways for our young people to learn about local opportunities and build their networks.

Our collaborative efforts with DCMO BOCES and our regional chamber colleagues in Chenango and Otsego counties created substantive conversations for over 70 high school seniors with 80 volunteer mentors. With the assistance from the Appalachian Regional Commission, we are expanding this effort this academic year to include the 16 component school districts of ONC BOCES. To achieve our goals, we need more volunteer mentors from business, government, and the non-profit community.

The time commitment is small--only about 10 hours over a three-month period--but the rewards for your company and our region are great. As a mentor, you help students connect with career opportunities--maybe even

YOUR company--, create real-world expectations for employment, and introduce them to other professionals and entrepreneurs who can expand their views of building lifestyle-sustaining careers right at home.

Don't worry if you've never done this before. We'll provide training. All mentoring sessions are completed using our online mentoring platform that makes contact, scheduling, and recordkeeping easy. You just need to say "YES" and raise your hand.

Another way the Chamber is investing in our youth is our participation in the National Civics Bee. This annual program of the US Chamber Foundation encourages young Americans to engage in civics and contribute to their communities. Participating 6th, 7th, and 8th graders will flex their civics knowledge for a chance to earn recognition and win cash prizes.

We will need essay judges this year to read student submissions and score them for entry in our local live competition.

Contact the Chamber at info@delawarecounty.org for more information and to partner with us in these important programs.

Emerging Leaders Program Starts October 10

Leaderful Delaware Emerging Leaders Program, an initiative of the Delaware County Chamber of Commerce, is seeking people committed to community service who would benefit from strengthening leadership skills while developing a personal professional network.

The 2024-2025 program will start on October 10 with an in-person session in Delhi. We will continue to meet on the second Thursday of each month through May 2025. A graduation recognition will be celebrated at the Chamber's Business and Breakfast event in June 2025.

Participants will learn about critical issues facing Delaware County and the Catskill Mountains region through lectures, discussion groups, personal

continued from Page 1...

introspection, and panel discussions featuring current community leaders. The innovative curriculum is based on scientific theories of organizational and community leadership. Leaderful Delaware offers an alternative to the traditional model and calls on leaders to be concurrent, collective, collaborative, and compassionate. Strategies include effective facilitation, dialogue skills, active listening skills, managing conflict, intercultural competence, leadership styles, and peer coaching.



LEADERFUL DELAWARE

Emerging Leaders Program

Candidates will be selected based on:

- Their commitment and motivation to community service.
- Previous community service or desire to become involved in community activities.
- Interest in public service and desire to learn more about public policy.
- Potential to advance to a leadership position within their companies.
- Commitment to remain in Delaware County.

Preference will be given to Delaware County residents but non-residents are also encouraged to apply.

Applicants may be sponsored by a business or a community leader and provide references. Tuition is \$595 and includes all program materials, meals, and fees.

Applications are due September 27.

More information, including an application for the **Leaderful Delaware Emerging Leaders Program**, is available **HERE>>**

Are You Interested in Public Transportation Options in Delaware County?

The Chamber has prepared a draft plan to bring public transportation solutions to Delaware County, including a pilot program to assess its practicality in a rural area.

More than twenty representatives from employers, human service agencies, healthcare, private transportation companies, government, state agencies, and national transportation consultants participated in the process. Over 500 residents offered their opinions, with nearly two-thirds stating that they would use such a system.

Read the full report [HERE>>](#)

Our report was submitted to the Delaware County Board of Supervisors for review, consideration, and possible adoption nearly nine months ago. Despite our efforts and those of our study partners, no action has yet been taken. If you are interested in public transportation options for Delaware County, read the full report. Then, contact your town supervisor and make your opinion known. It is only through such collective action that we can elevate the issue.

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Chamber President Completes Appalachian Leadership Institute

Delaware County Chamber President Ray Pucci recently graduated from the Appalachian Regional Commission (ARC) Appalachian Leadership Institute (ALI), a leadership and economic development program for the region's public, private, and nonprofit leaders. Pucci was among 40 fellows from Appalachia's 13 states to complete the program.

"My heartfelt congratulations to the Appalachian Leadership Institute Class of 2024! The hard work and dedication that they have put into the program over the last nine months will not only lead to personal and professional development for themselves, but also forward momentum for their communities," said ARC Federal Co-Chair Gayle Manchin. "I have no doubt that this year's fellows will utilize the skills learned during their time at ALI to help bolster the economic vitality of the entire Appalachian region."

In the nine months prior to graduation, Pucci traveled to six Appalachian communities around the region to attend sessions, which included skill-building seminars, peer-to-peer learning, case study analysis, and site visits to experience ARC investments in action. The curriculum is designed to equip fellows with the knowledge, ideas, and network needed to



ARC Federal Co-Chair Gayle Manchin presents Delaware County Chamber of Commerce President his diploma upon completion of its Appalachian Leadership Institute.

create positive change in their communities and strengthen the region's economic opportunity.

These Appalachian leaders will take new skills and networks to continue serving their communities through civil service, healthcare, tourism, and a variety of other public, private, and nonprofit sectors. Additionally, graduates of the Appalachian Leadership Institute gain access to the Appalachian Leadership Institute Alumni Network, with more than 200 leaders that together help facilitate continued learning and idea exchange across Appalachia's 13 states and 423 counties.



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Chamber Launches Candidate Training Institute

The Delaware County Chamber of Commerce announces a unique program to offer citizens the tools necessary to succeed in public service and prepare to seek elected office.

Participants in the Candidate Training Institute (CTI) receive exposure to critical issues facing Delaware County through lectures, small group conversations, personal introspection, and panel discussions. Topics in our CTI curriculum include leadership styles, strategic planning, community development models, media relations, and building partnerships. It also includes such mechanics of running for office as how to get on the ballot, campaign finances, honing your message, and more.

The program is open to everyone and is limited to 15 people. There is no cost to participate. Registrants must agree to attend all four 90-minute sessions.

Classes begin on October 23.



FOR MORE INFORMATION
AND TO REGISTER

CLICK
HERE



Save These Dates

Plan to join our Chamber Members at these upcoming Chamber events:

September 30
8:30 am
Business and Breakfast

October 16
5:30 pm
Delaware County
Business Awards

October 30
9:30
EmpowHER Women
Conference

October 28
8:30 am
Business and Breakfast

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WATERSHED and GOOD GROCER

by Iris Mead

Sometimes a place picks you rather than you picking the place. This happened to Andrew Williams, one of the owners of the café Watershed and Good Grocer store in Roxbury. After working as an architect in New York City for 15 years with random trips to the Roxbury area, he realized he liked the area "a lot". He and his then partner realized that this was a place they wanted to be and eventually decided "let's open a bar!" So, in 2005 they opened Public and ran it for four years while commuting between Manhattan and Roxbury, running the bar and restaurant on weekends while holding down regular jobs. During this time, they adopted Benji as an infant. After four years of commuting they decided to sell and in 2008 they sold the bar and moved to Los Angeles.

While living in the LA area as a single dad, Andrew met Peter Ginger, a native of Adelaide, Australia, who moved to the LA area after enduring three years of waiting for his green card. In 2018, his name was picked for a permanent green card — from 50,000 names! As Peter said, he was more than "ready for an adventure".

Shortly after re-meeting Andrew and Benji, COVID hit and both he and Andrew were unemployed. The idea of opening a café had been tossed around as Peter has a background in the hospitality business from Australia. Andrew introduced Peter to the Catskill Mountains (in winter and not dressed for the weather!) and in early 2021 they moved here and Peter found his adventure.

Serendipity intervened as the present Watershed

building was empty and in good shape. So, on Memorial Day weekend 2021 they opened Watershed and it has become a local go-to for coffee, morning pastries and sandwiches. Seating is available inside, on a screened-in patio or on the front porch. They also have a 3-bedroom, 3-bath apartment they rent through AirBnB.

After successfully getting their footing with the café, they started bringing in milk and bread to sell in the café as there was no grocery store in the town. And the number of groceries increased until the area set aside in the café outgrew its space. Almost across the street sat a building that was being used as an art gallery and was once known as the Corner Store, the local grocery store for years. Again, serendipity!

After approaching the owners with the idea of a grocery store, magic happened and now Roxbury and the surrounding area has a full-fledged grocery store called Good Grocer. It opened on 4th of July weekend in 2023.

Andrew and Peter shopped around for wholesalers who would deliver to Roxbury and who met the standards they set for the store. Because of this, they are able to keep prices affordable, which was their main goal. They carry over 5,000 items including a gourmet section, and have recently brought in fresh meats. Andrew mentioned that the store is part of a network called "Too Good to Go" where customers can download an app and purchase a surprise bag of food for \$5.99. Most times this bag has at least \$20 worth of food items.



Andrew and Peter give a lot of credit for their success to their employees, most who have been with them since the openings of both establishments.

Take a ride on Route 30 and check out the Watershed and Good Grocer.

Watershed Cafe

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Good Grocer

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8am-8pm Fri & Sat



The logo for Erickson's Automotive, Inc. features a stylized yellow semi-truck with a chrome grille and headlights. Above the truck, the name "Erickson's" is written in a large, blue, cursive font. To the right of the truck is a red starburst shape containing the text "30+ YEARS" in white. Below the truck, the words "Automotive, Inc." are written in a large, blue, bold font. Underneath that, in smaller red and black text, are the services "Auto Body Specialist", "Air Conditioning Repairs", and "Flat Bed Service". At the bottom, the phone number "(845) 586-2242" and the address "214 County Hwy 38 • Arkville" are listed in yellow and black.

The logo for Home Foam Insulation features a black silhouette of a tree with many leaves, set against a light yellow circular background. The words "HOME FOAM INSULATION" are written in a red, arched font above the tree. Below the tree, the text "COMMERCIAL & RESIDENTIAL SPRAY FOAM" is written in red. Underneath that, the phone number "845-594-7413" is displayed in a large, red, bold font. At the bottom, the name "Kane DiBenedetto" and the website "HomeFoamInsulation.net" are listed in black, followed by the text "10+ YEARS EXPERIENCE | FULLY INSURED | FREE ESTIMATES" in white.

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Celebrate Bovina Farm Day September 1st

Farming Bovina is thrilled to host another Bovina Farm Day on Sunday, September 1 from 10am to 5pm.

Hosted by the non-profit organization, Farming Bovina, this annual celebration of the area's rich agricultural traditions returns to Crescent Valley Road in Bovina for a day of family fun this Labor Day Weekend.

"Bovina Farm Day is a great way to experience Delaware County farm life, past and present. From the giant haystack slide to the butchering demonstration, there's really something for everybody. It's always a wonderful day!" said Evelyn Stewart-Barnhart, President of Farming Bovina.

Bovina Farm Day is an opportunity for visitors to meet farmers, experience a variety of farm animals, find local food and discover products made in the area in the large vendor tent. Bovina Farm Day is a family-friendly event with lots of activities to engage children. The activities of the day include farm animals, antique engine



About Farming Bovina

Proceeds from Bovina Farm Day support the work of FARMING BOVINA, a non-profit organization founded in 2012 to champion the proud agricultural tradition which is central to the community's economic and social vitality. Led by farmers and community members, Farming Bovina provides scholarships to students pursuing careers in agriculture, conducts marketing efforts that promote area farms, serves as a voice for local agriculture and produces Bovina Farm Day which, now in its 14th year, has become a cherished celebration of local farms and farmers.

demonstrations, vintage tractor displays, hayrides, treasure hunts, games, and a hands-on butter making demonstration and maple candy making. Dairy farm tours and a chance to visit the historic Maynard Schoolhouse are other highlights of this day of family fun.

Guests are encouraged to enter the annual Best Apple Pie and Apple Dessert Contests. There is also a Scarecrow Competition. Stake, cross-arms, and hay will be provided, while those who enter the contest will supply the creativity and sheer determination to outshine the other scarecrows on the field. Entering the contest costs \$10.

Under the marketplace tent, farmers, producers, and artisans will be selling locally produced meats, cheeses, vegetables, baked goods, maple products, honey, flowers, and craft items. Additionally, breakfast, lunch and coffee will be available during the event.

The price of admission for this day of family fun is \$5.00 per person, with children under 12 free. Bovina Farm Day is made possible with the generous support of Pure Catskills, an economic initiative of the Watershed Agriculture Council with funding from NYC DEP and several other generous sponsors.

To ensure the safety and comfort of the farm animals, NO dogs can be admitted at Farm Day.

For more information on Bovina Farm Day, the contests and volunteering, please visit farmingbovinany.org.

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Before We Move On

Ghost story, medical examiner, and a bottle. These words were a writing prompt for a short story contest that author, Sally Reiser Simon participated in. It could have ended there, but these bare-bones prompts took on a life, or more accurately, an afterlife of their own as Simon added flesh and a soul to them. I am not sure that Simon had a choice. There was a story inside of her begging to be told, fellow writers urging her to tell it, and characters that refused to be quiet.

Simon starts right in the action and plops the reader smack dab into a tragedy, the death of sixth-grader Kiki, who is simply making her way home from school, like any other day, but this one would be her last. Adding emotional angst to Kiki's untimely demise, is Jesse, a seventh-grader who feels certain that his actions were to blame for her death. No stranger to loss, he is already residing with a guardian after the death of his parents, but the death of Kiki at such a tender age, coupled with guilt, changes the trajectory of his life.

Simon, whose enviable strengths are realistic scene setting and potent dialogue that makes you suck in your breath, reveals with impeccable timing, the points of view of others who are attached to Kiki, such as her single mom, her unmet dad and her first crush, Jesse. But, in a surprising choice, the main point of view is Kiki's, as she cannot move on until she has figured out how to say goodbye.

The multi-faceted characters are easy to become fond of. Simon even allows the reader to see how a character easy to hate, becomes the way he is. My favorite person is Jesse's guardian, Mr. Rudy, a man of few words but endearing integrity.



Author: Sally Reiser Simon
Illustrator: Grey D'Andrea
Publisher: Atmosphere Press
ISBN-13: 979-8891323070

Before We Move On, is a priceless addition to the Young Adult genre with an overlapping depth that lends itself equally to the adult reader. The pen and ink style illustrations by Grey D'Andrea are gorgeous. They are sprinkled throughout at just the right times, and the more you gaze at them, the more there is to see. I love the stylistic choice of some of them looking like Kiki herself would have drawn them.

This book allows us to explore our own beliefs of the afterlife and the great unknown. What is the weight of a human soul? The answer is 12.6 ounces, the shipping weight of this book, for Simon has managed to capture and release a soul within the pages.

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STRANGE BUT TRUE

by Lucie Winborne

Christopher Columbus' first transatlantic voyage traveled at a rate of around 2.8 miles per hour.

Several of Aristotle's writings have survived thanks to the men of a Roman army who invaded Asia Minor around 80 B.C., found a number of his manuscripts in a pit, and took the papers to their general, Sulla. It turned out that no other copies of many of them existed, and Sulla had them taken to Rome and recopied.

Queen Berengaria of England, the wife of Richard the Lionheart, was the only English queen who never actually set foot on English soil.

Allergy sufferers will not be surprised (nor like) to hear that pollen is one of the few natural substances that does not deteriorate.

Although "Shoeless Joe" Jackson was barred from baseball's Hall of Fame for his alleged role in the 1919 Black Sox Scandal (he pleaded innocent), his spiked, black leather shoes can still be found there.

Euclid is the most successful textbook writer of all time. His "Elements," written around 300 B.C., has gone through more than 1,000 editions since the invention of printing.

The Romans used poisonous lead as a sweetening agent.

What's in a name, indeed! A 1964 piece by avant-garde American composer La Monte Young is titled "The Tortoise Recalling the Drone of the Holy Numbers as They Were Revealed in the Dreams of the Whirlwind and the Obsidian Gang, Illustrated by the Sawmill, the Green Sawtooth Ocelot, and the High-tension Line Stepdown Transformer."

Guglielmo Marconi, whose invention of wireless telegraphy was credited for saving the lives of over 700 Titanic passengers after it sank in 1912, had turned down a free passage on the ship, choosing instead to go to America via the Lusitania three days earlier. He narrowly missed death at sea a second time in 1915, when he was again a passenger on the Lusitania, about a month before it was sunk by a German U-boat.

The story of Cinderella first appears in a Chinese book written in the 850s.

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Pistachio Ice Cream

No ice cream maker needed!

INGREDIENTS (Serves 8-12)

- 20 ounces heavy whipping cream
- 1-1/2 cups roasted pistachios
(with little or no salt)
- 1 can sweetened condensed milk
- 1 teaspoon vanilla extract
- A pinch of salt
- A few drops of green food coloring (optional)

INSTRUCTIONS

1. In a large bowl, use a stand mixer or an electric hand mixer to beat the heavy whipping cream until stiff peaks form. Then, set aside.
2. In a food processor, chop up one cup of pistachios (reserve the remaining pistachios for garnish) until they turn into a ball of dough with a similar texture to peanut butter. Scrape down the sides of the bowl if necessary.
3. Combine the pistachio paste, sweetened condensed milk, vanilla and salt in a large bowl. If using, add the food coloring at this stage. Gently fold the whipped cream into the condensed milk mixture. Pour into a rectangular, 8 x 10-inch dish.
4. Sprinkle the remaining pistachios over the top. Cover with plastic wrap and freeze for at least 4 hours before serving.



Lemon & Nectarine Iced Tea

INGREDIENTS

- 34 ounces water
- 1/3 cup honey
- 2 lemons, sliced into rounds
- 2 nectarines (or peaches), cut into quarters
- 3 tea bags (ideally lemon or orange pekoe)
- Sprigs of fresh mint for garnish

INSTRUCTIONS

Combine all ingredients in two batches in a blender. Process until ice turns smooth and slushy.



*Have you tried one of the recipes published in A Time and A Place?
We'd love to hear about it! Why not post a photo on our Facebook page?*



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*Photos and recollections courtesy of Diane Galusha,
Historical Society of the Town of Middletown*

Scenes from a Highmount summer

Camp Weingart was a summer school in Highmount for the private Weingart Institute in Manhattan. It catered mainly to well-to-do German-Jewish families. It was housed in an elegant former hotel and on the site of what is now the Belleayre Ski Center maintenance building. A beautiful carriage road took visitors from the nearby railroad station to the main building. Morning began with bugle calls. Cold showers, personal and room inspections and two hours of academic instruction were part of the average day. Ties were even wore to agriculture class, when boys would tend to their own produce plots. Swimming, baseball and camp performances were fun diversions, though. Called "a prep school for a Musical Hall of Fame," Weingart alumni included Oscar Hammerstein and his brother Reggie; Herbert Sondheim, who years later would father Stephen Sondheim; Teddy Hart and his older brother Larry; and Larry's future partner Richard Rodgers.





Writers
in the Mountains

DO

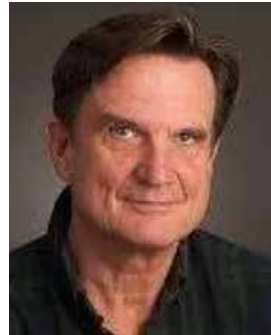
PRESENTS

Poetry Forms: Why and How Workshop with William Duke

Tuesday and Thursday,
August 20 and 22, 7 – 9 p.m.
ONLINE

Poetry Forms: Why and How Workshop with William Duke is a two-day intensive class held online. This workshop is an opportunity to learn about and review the major forms of poetry and includes a discussion of how forms came into being and why they continue to hold an important place in contemporary poetry. Syllabic forms: haiku, tanka, and cinquains are shown as well as the major metric forms: sonnets, villanelles and sestinas. Concrete poems and free verse are also discussed.

The end of the workshop is collaborative writing exercise where the group writes its own villanelle. Day two is an opportunity to share any individual poems worked on after the first session.



William Duke is a poet, painter and yoga instructor, and hosts Spiritual Solutions on WIOX Radio. In the 1990s he was one of the founders of the Saturn Series, the longest running weekly open mic in NYC. He edited an anthology of divorce poems, Split

Verse: Poems to Heal the Heart, with Meg Campbell (Midmarch Arts Press 2000). Recent books of poetry include, A Little Blessing, and Alphie the Angel's Little Alphabet Book 2020 (www.Alphietheangel.com). William has been a featured reader at Word Thursdays at the Bright Hill Literary Press and Center of the Catskills as well as at Catskill Cabaradio at the Pine Hill Community Center and Live on WIOX Radio.

To register for this class, e-mail writersinthemountains@gmail.com or register online at www.writersinthemountains.org. Class fee is \$45. Once you register and pay, you will be given instructions on how to join the class.

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Are you a gardening enthusiast or an environmentally conscious homeowner? If so, you should consider using battery-powered or electric tools to maintain your outdoor spaces. This season, say good-bye to noisy gas-powered lawnmowers and power tools and explore other more nature-friendly options.

A complete range of tools

You can buy alternatives to every traditional gas-powered tool for trimming hedges, weeding, pruning and maintaining flowerbeds. These tools are just as efficient as their gas-powered counterparts but without using fossil fuels.

Modern electric lawnmowers with lithium-ion batteries are incredibly efficient and provide reliable power for lawn maintenance. They can be recharged and used for hours on a single charge. By eliminating the need for gas, these mowers significantly reduce pollutant emissions and help preserve air quality.



Reduced noise pollution

Another environmental advantage of electric tools is that they're quiet. Gone are the deafening sounds of gas engines. Electric and battery-powered tools allow you to work in silence without disturbing those around you. It's an all-around more enjoyable experience!

Switching from gas-powered tools to electric or battery-powered ones is essential to living more sustainably. Visit your local hardware store or nursery to explore eco-friendly options.

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